

[Podcast: Come And Reason with Tim Jennings, MD 2023](#)

written by Tim Jennings, M.D. | November 28, 2023



This is a weekly, 15-minute talk-show in which Dr. Jennings answers questions on topics regarding mental health and interpersonal relationships.

[Quick Link](#) to previous seasons and our other podcasts.

Executive Producer - Come And Reason Ministries. Producer, host, and editor - Charles Mills.

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Air Date

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- January 3 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 1: The Purpose and Theme of Bible Prophecy
The Bible is an amazing collection of writings designed to reveal God's true character. But, what about the prophetic writings? What's their purpose? Dr. Jennings shares his insights.
- January 10 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 2: Three Rejections of God by Ancient Israel
No one likes to be rejected. Makes you feel worthless. Dr. Jennings says the ancient people of God rejected Him three times. How did they do it and what happened when they did?
- January 17 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 3: Job's Cosmic Conflict
Job is a study in suffering. But his conflict wasn't simply local. It was cosmic. Dr. Jennings explains that writing that particular book allowed Moses to prepare for his own challenging life.
- January 24 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 4: Identity and the Worship of Self
Identity and the Worship of Self? "Wait," some say, "I don't worship myself! I worship God." Dr. Jennings talks about how self can sometimes be an overpowering god with tragic results.
- January 31 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 5: Last Generation Theology
There's a discussion in various Christian circles concerning something being called "Last Generation Theology." What is it, and, more to the point, is it Biblical? Dr. Jennings weighs in.
- February 7 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 6: Christian Warfare
"Christian Warfare." Isn't that an oxymoron? Doesn't Christ fight our battles for us? Dr. Jennings explains which war we're actually fighting and how to arm ourselves for victory.
- February 14 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 7: Dying to Live
When do we need to die in order to live? Dr. Jennings looks at the issue through the eyes of God, seeing that death is sometimes necessary. The good news? Some things are worth dying for.
- February 21 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 8: What is God's Grace
"Amazing grace, how sweet the sound, that saved a wretch like me." This John Newton hymn is often heard among those who love and worship God. But what exactly is grace of God?
- February 28 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 9: Human Sexuality Part 1 - Tough Questions
A no-holds-barred perspective on this topic of human sexuality presented to a live audience in 2010. Dr. Jennings reveals God's ideal and how Satan has abused it.
- March 7 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 10: Human Sexuality Part 2 - Love on the Brain
What happens to the brain during sex? The answers provide an insight into what God had in mind when He created sex and sexual beings.

- March 14 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 11: Human Sexuality Part 3 - Joy Versus Fear
Sex done God's way brings about peace and joy. Sex Satan's way creates the opposite effect. Why? Dr. Jennings speaks to a live audience on the topic of human sexuality.
- March 21 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 12: Human Sexuality Part 4 - The Chemistry of Sexual Activity
The human body and mind run on, among other things, chemical reactions. Sex causes many such reactions, some healthy, some not. Dr. Jennings explains the difference.
- March 28 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 13: Human Sexuality Part 5 - Questions Teens Ask
Dr. Jennings answers questions submitted by teenagers on the subject of human sexuality. God's ideal is best. His answers reveal why.
- April 4 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 14: Human Sexuality Part 6 - More Questions Teens Ask
Dr. Jennings ends his six-part series on human sexuality by answering the tough questions teens ask concerning intimacy and interaction with others.
- April 11 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 15: Sexual Abuse Part 1 - Cause and Effect
Sexual abuse is a global tragedy. We're all victims in one way or another. Why does it exist and how do we begin to deal with its many repercussions.
- April 18 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 16: Sexual Abuse Part 2 - Hidden Damage
Sexual abuse creates many issues in a person's life. Some are obvious. Some are hidden. All are life-altering. Dr. Jennings identifies the most destructive and how to address them.
- April 25 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 17: Sexual Abuse Part 3 - True Love
What is true love? How does it act? Dr. Jennings provides hope for those who've been sexually abused and opens the door of understanding and eventual healing.
- May 2 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 18: Unity Versus Division in Today's Society
These days, the whole idea of living in unity within a society seems to be a fading fantasy. But, not all of this division is a bad thing. According to Dr. Jennings, it can even be a God thing.
- May 9 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 19: Tithing
"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty." Pay tithe, get blessings. Great! Or are we missing a bigger picture?
- May 16 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 20: How to Be a Member of God's Family
"I'm so glad I'm a part, of the family of God." Beautiful old song with a beautiful, hopeful message. But it begs the question: "What does it mean to be a part of the family of God?"

- May 23 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 21: Covid and the Human Brain
Covid and the human brain. What happens when they join forces and is there hope when they do? Dr. Jennings shares his perspective on the disease and the world's response to it.
- May 30 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 22: Cursed Ground, Men Ruling Over Women, and God Killing People
Dr. Jennings stands before a live audience and offers his perspective on difficult Biblical issues such as: Did God curse the ground, kill people, and say men should rule over women?
- June 6 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 23: Raising the Wicked and Consuming Fire
"Why would God raise the dead only to kill them again?" Dr. Jennings begins with a short review of the end time using a computer metaphor and the writings of Ellen White.
- June 13 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 24: Seal of God, Mark of the Beast, and Homosexuality
What is the Seal of God and the Mark of the Beast? Plus, Dr. Jennings offers powerful insights into how Christians should relate to homosexuality in today's world.
- June 20 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 25: Homosexuality and the Christian
How should Christians understand homosexuality in today's world? Dr. Jennings uses the Bible to uncover some hiding-in-plane-sight truths on this controversial subject.
- June 27 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 26: The Power of Belief
If you've ever wanted Dr. Jennings to visit your home, sit down with you beside a crackling fire, and read to you some of his writings, want no more.
- July 4 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 27: Victory Through Intimate Love
Dr. Jennings recently wrote a blog that included these words: "This is our power... that enables us to break away from the fear and selfishness of this world." What is it and how do we get it?
- July 11 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 28: Seeking The Kingdom Of God
"But seek ye first the Kingdom of God, and his righteousness; and all of these things will be added unto you" (Matthew 6:33, KJV). But where, exactly, should we start seeking?
- July 18 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 29: Revealing The Lawless One
The Bible mentions that "The Lawless One" will be revealed. We may be tempted to ask, "Which one? There are so many!" Dr. Jennings shares what the Bible means. It's not pretty.

- July 25 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 30: Questions & Answers
Forgiving someone who has wronged us, guilt over a wayward child, and forgetting more as we age. Dr. Jennings uses God's Word to answer some tough questions from listeners.
- August 1 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 31: Our High Priest
Jesus says goodbye to His disciples, rises up into the clouds, and life on this earth goes on. We know what's happening down here on this planet. But, what is Jesus doing these days?
- August 8 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 32: The Con Of Consensus Statements
Are consensus statements more valuable than just one person's opinion? After all, there are more minds behind them. Dr. Jennings identifies the dangerous truth about such conclusions.
- August 15 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 33: The Old Testament And Modern Teaching
How has the Old Testament impacted modern teaching? More to the point, how should it? Dr. Jennings makes the connections that can bring fresh understanding from ancient sources.
- August 22 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 34: What We Believe - Part 1
Come and Reason is an international ministry with a global outreach. So, what are they globally outreaching? What are the beliefs that form the foundation of this ministries' mission?
- August 29 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 35: What We Believe - Part 2
Come and Reason Ministries is built on a solid foundation of Bible-based beliefs that can transform one's understanding of who God is and how God acts. Dr. Jennings explains.
- September 5 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 36: The Destroyer Within
We spend a lot of time and energy protecting ourselves and our families from outside threats. But Dr. Jennings suggests that there are dangers a whole lot closer to home.
- September 12 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 37: The Law Of Liberty
God's love for us is unique in some very important ways. We'd do well to understand and faithfully reflect that love here on earth. Dr. Jennings reveals its many benefits.
- September 19 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 38: Shadow People
Violating that law of liberty brings about 1.) the destruction of love, and 2.) the incitement of rebellion. But, there's a third predictable and unpleasant consequence.

- September 26 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 39: The Law Of Love
We've all heard about Hollywood's version of love. We've all witnessed Satan's distortion of love. But what was—and is—God's ideal for love? Dr. Jennings explains.
- October 3 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 40: Love's Counterfeits Part 1
We think we have a pretty good handle on what love is. After all, we've been in it, right? Well, maybe not. Dr. Jennings identifies some destructive love counterfeits to avoid.
- October 10 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 41: Love's Counterfeits Part 2
Love isn't controlling. Love isn't eroticism. And love isn't dependency. These have a nasty habit of destroying love. Many such love counterfeits take root in childhood.
- October 17 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 42: Faith Fact or Fiction
Whether you hop an airliner, visit a doctor, or walk across the street, you're exercising faith. What about your relationship with God. Do you have true faith in Him, too?
- October 24 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 43: Restoring Order Part 1
Self-esteem is built on many foundations. Some are dependable. Some, not so much. Dr. Jennings says there are times when we need to allow God to restore order in our lives.
- October 31 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 44: Restoring Order Part 2
Guilt—that great emotional separator that keeps us from being where we need to be and where God wants us to be: held safely in His arms. According to Dr. Jennings, there are two types.
- November 7 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 45: Politics and the Gospel
Politics. Should we Christians even get involved in politics? Should we write about it, study it, and become a part of the divisive dialog that's taking place? Dr. Jennings offers guidance.
- November 14 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 46: Five Requirements for Physical and Spiritual Health
We all want to be strong and happy when it comes to our physical health. But, what about our spiritual well-being? Are there things we can do to strengthen it; to make it more joyful?
- November 21 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 47: How Christians Betray Jesus
We all know the story of Judas and how he betrayed Christ. "We'd never do that," we tell ourselves. Well, not so fast, Dr. Jennings says. We might be betraying Jesus right now!

- November 28 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 48: Fighting the Good Fight
There's a beautiful promise in the Bible concerning those who fight the "good fight." So, how does one fight the good fight? What weapons are involved? Who or what exactly is the enemy?
- December 5 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 49: Spiritual Warfare - Part 1
Each day, we come face to face with what Dr. Jennings calls "Spiritual Warfare." Like it or not, we're all involved in one way or another. But, there's help waiting right nearby.
- December 12 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 50: Spiritual Warfare - Part 2
Battles for the human soul are not waged as the world wages war. Spiritual warfare includes attacks on our ability to reason, our conscience, and our willingness to worship.
- December 19 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 51: Spiritual Warfare - Part 3
God is working overtime to heal the damage from our battles with sin. His weapons of choice? Truth and His beautiful Laws of Love. With Him at our side, victory is ours.
- December 26 Your browser doesn't support HTML5 audio elements. [MP3](#)
Episode 52: Forgiveness - Part 1
"What is forgiveness? Does it require a contrite offender? Does it excuse the wrong? Do we become more vulnerable? Dr. Jennings explores these and other forgiveness myths.