

Podcast: Come And Reason with Tim Jennings, MD 2022

written by Tim Jennings, M.D. | December 2, 2021



This is a weekly, 15-minute talk-show in which Dr. Jennings answers questions on topics regarding mental health and interpersonal relationships.

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Executive Producer - Come And Reason Ministries. Producer, host, and editor - Charles Mills.

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January 4	Your browser doesn't support HTML5 audio elements. Episode 1: Healing a Broken Heart Part 1 Emotional pain and suffering are part of life on this earth. Dr. Jennings insists that, as much as we may want to sometimes, we shouldn't run from pain. We should stand our ground and face it.	MP3
January 11	Your browser doesn't support HTML5 audio elements. Episode 2: Healing a Broken Heart Part 2 Be truthful, enlarge our perspective, and then move on. These are more of the mental tools we can use to face the emotional pain in our lives. Dr. Jennings explain how and when to do it.	MP3
January 18	Your browser doesn't support HTML5 audio elements. Episode 3: Healing a Broken Heart Part 3 Hope when feeling hopeless, forgive when feeling revenge or anger, and putting God first. Dr. Jennings describes the final steps we need to take to mend a heart that's broken.	MP3
January 25	Your browser doesn't support HTML5 audio elements. Episode 4: The Power of Love Part 1 - In The Beginning How did humanity get the way it is? What devil brought us here? And is there hope, even in the face of overwhelming obstacles to peace and love? "The Power of Love" seminar begins now!	MP3
February 1	Your browser doesn't support HTML5 audio elements. Episode 5: The Power of Love Part 2 - Masks We Wear The results of Satan's fall from grace was devastating to both him and our newly created world. Dr. Jennings highlights the fear, shame, and false identities humankind quickly developed.	MP3
February 8	Your browser doesn't support HTML5 audio elements. Episode 6: The Power of Love Part 3 - Law Of Liberty We all know that God pleads with us to "love one another as I have loved you" (John 13:34). But, how does God love? And can we even hope to emulate that?	MP3
February 15	Your browser doesn't support HTML5 audio elements. Episode 7: The Power of Love Part 4 - Law of Worship In what ways did sin damage our world? The answer depends on which "law lens" we're using to look at God, this world, ourselves, and what constitutes divine love.	MP3
February 22	Your browser doesn't support HTML5 audio elements. Episode 8: The Power of Love Part 5 - Two Law Lenses Dr. Jennings focuses on the two types of laws in operation on this earth—two laws that aren't always compatible with each other. More often than not, they are at odds with each other.	MP3
March 1	Your browser doesn't support HTML5 audio elements. Episode 9: The Power of Love Part 6 - Old Testament Through Design Law The story of the woman taken in adultery reveals a simple truth about God. He looks at us differently from how the world looks at us. Christ's words reflect who God is and how God acts.	MP3

March 8	Your browser doesn't support HTML5 audio elements. Episode 10: The Power of Love Part 7 - At The Cross 1 "You will surely die." This was the warning that the Creator God delivered to Adam and Eve concerning the consequences of sin. Which begs the question: who is the source of that death?	MP3
March 15	Your browser doesn't support HTML5 audio elements. Episode 11: The Power of Love Part 8 - At The Cross 2 Many still cling to Satan's distortions concerning God that swept Adam and Even into sin. Even Christ faced those distortions. His responses can provide a template for our own battles with evil.	MP3
March 22	Your browser doesn't support HTML5 audio elements. Episode 12: The Power of Love Part 9 -Moral Decision-Making How can we make the right decisions as we push through life? Dr. Jennings offers seven levels of moral decision making that can save us a lot of pain and misunderstanding.	MP3
March 29	Your browser doesn't support HTML5 audio elements. Episode 13: The Power of Love Part 10 - Atonement The decisions we make with God in our hearts are unique and strange to this world. That's because our choices aren't just about us. They're about others. Christ showed us the way.	MP3
April 5	Your browser doesn't support HTML5 audio elements. Episode 14: The Power of Love Part 11 - Mass Fraud How does the Biblical principle of "Atonement" really work? Dr. Jennings looks at several theories; some true, some false. He says we really need to learn the difference.	MP3
April 12	Your browser doesn't support HTML5 audio elements. Episode 15: The Power of Love Part 12 - Who is Trustworthy? How do we determine if someone is trustworthy? That would be a good thing to know, wouldn't it? Dr. Jennings offers some powerful guidelines to help us do just that.	MP3
April 19	Your browser doesn't support HTML5 audio elements. Episode 16: The Power of Love Part 13 - Life Defined What does it mean to be alive? What does it mean to be a sentient human being? Dr. Jennings tackles this sometimes controversial topic with evidence straight from God's world.	MP3
April 26	Your browser doesn't support HTML5 audio elements. Episode 17: The Power of Love Part 14 - Christ's Second Coming What are the meanings of the many feasts that God introduced as part of the sanctuary service for the Children of Israel as recorded in the Old Testament. What was their purpose?	MP3
May 3	Your browser doesn't support HTML5 audio elements. Episode 18: The Power of Love Part 15 - Symbolic Feasts Lies can be destructive. Just ask Adam and Eve. But, Dr. Jennings suggests an equally destructive power. Accusation. It can destroy , too, in some very subtle ways.	MP3

May 10	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 19: The Power of Love Part 16 - What's In a Name The sanctuary service was set up in the desert for the Children of Israel. It was to be a visual representation of spiritual issues. Dr. Jennings explains what God had in mind.</p>	MP3
May 17	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 20: The Power of Love Part 17 - Cleansing and Fire According to Scripture, Jesus is hard at work in the Heavenly Sanctuary. His labors there will have eternal consequences for each one of us. Dr. Jennings explains in what ways.</p>	MP3
May 24	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 21: The Power of Love Part 18 - Fire of Truth The fires of hell and God's judgments; two topics where confusion reigns between religious denominations in the world today. But what does God's Word say about them?</p>	MP3
May 31	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 22: The Power of Love Part 19 - God's Judgment "The Hour of God's Judgment has come." This proclamation has been spoken from many a church pulpit over the years. But, do we really understand what "God's Judgment" is?</p>	MP3
June 7	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 23: The Power of love Part 20 - Sabbath as a Sign The Sabbath. What exactly are we supposed to do with this one day a week that God blessed? What is its purpose? Dr. Jennings provides biblical suggestions.</p>	MP3
June 14	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 24: The Power of Love Part 21 - War of Truth The Bible identifies a war that's raging and puts us—God's people—right in the middle of it. But we're not to wage war as the world does. There are major differences. Dr. Jennings explains.</p>	MP3
June 21	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 25: The Power of Love Part 22 - Faith and Evidence Faith and evidence. What roles should they play in our relationship with our Creator? Dr. Jennings suggests that they are related, if we understand God's character properly.</p>	MP3
June 28	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 26: The Power of Love Part 23 - Questions and Answers At a Tim Jennings seminar, there's always time for a question and answer session. Lingering doubts and misunderstandings can be addressed and hearts can be warmed by God's truth.</p>	MP3
July 5	<p>Your browser doesn't support HTML5 audio elements.</p> <p>Episode 27: Why Christ Died One of the most treasured and meaningful events for the Christian took place a couple thousand years ago on a hilltop just outside the walls of Jerusalem. Why did it have to happen?"</p>	MP3

- July 12 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 28: Church and State
 It's a pressing issue these days. People want to know the difference between church and state and whether we Christians can accomplish the gospel commission through human governments.
- July 19 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 29: Is a Just War Possible?
 Is a "just" war possible? Can a war that's biblically defensible or divinely excusable be fought on this sinful world? Dr. Jennings provides some insights and answers.
- July 26 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 30: Predestination
 Predestination means "the divine foreordaining of all that will happen, especially with regard to the salvation of some and not others." Is there any hope for those of us not on the "save" list?
- August 2 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 31: Healthy Decision Making
 Decisions. We face them everyday—from what to do, what to say, or even what to believe. It would benefit us to know how to make decisions that would actually help instead of hinder us.
- August 9 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 32: Beware the Methods of the Crucifiers
 "Crucifiers" are people who come at you with all guns blazing, trying to shoot down your idea, confidence, and even faith. Dr. Jennings says they can be identified by their methods.
- August 16 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 33: What Good is Religion
 Recent Gallup polls are revealing a decline in the number of people in this country who identify with any type of religion. Dr. Jennings helps determine if religion is a good thing, or not.
- August 23 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 34: Why I Believe God Exists
 Does God exist? This is an age-old question. Dr. Jennings recently wrote a blog entitled, "Why I Believe God Exists" and shares what he discovered on his personal journey of understanding.
- August 30 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 35: Texas Q&A
 At a recent seminar held in Texas, Dr. Jennings collected questions written by audience members, read them aloud, and provided some very insightful answers to each one.
- September 6 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 36: The Hand of God
 There's a category in the insurance world that labels unexplained phenomenon or a terrible disaster as an "Act of God." Is that how God acts? Dr. Jennings offers insights and answers.

- September 13 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 37: Divorce by the Book
 Tammy Wynette sang about it. A whole lot of people experience it. D-I-V-O-R-C-E. Dr. Jennings looks at this subject from a decidedly Biblical perspective.
- September 20 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 38: Safe Trust
 How do we know if we can trust someone? There's a lot of misinformation in the world. Who's telling the truth and who isn't? Dr. Jennings shares some guidance to answer those questions.
- September 27 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 39: Fear, Anxiety, and Worry
 There's nothing like a pandemic generate a lot of fear, anxiety, and worry. So, how are we supposed to live in peace, comfort, and love in the midst of it? Dr. Jennings shares how.
- October 4 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 40: Supreme Court Decisions
 Bye, bye Roe v. Wade, separation of church and state, and democracy. Many are worried about what's happening in the highest court of our land these days. Should we be?
- October 11 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 41: Mind Manipulation
 "Some days I feel like I'm a puppet going through the motions and someone I don't even know is pulling the strings." Ever thought that? Are minds being manipulated? The answer is "YES!"
- October 18 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 42: Healthy versus Unhealthy Mind
 Most of us know what it's like to be relatively healthy. Did you know that we should be concerned about the well-being of another part of our being? Our minds! Dr. Jennings explains.
- October 25 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 43: Healthy versus Unhealthy Decision Making
 We talk often on this program about keeping our bodies and our minds healthy. But what about our decisions? Dr. Jennings offers insights and guidelines for making healthy decisions.
- November 1 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 44: How to Get a Good Night's Sleep
 For most of us, nighttime is sleep time. But, for many of us, that memo hasn't reached our bodies yet. We...can't...sleep. A good night's sleep? What's that? Dr. Jennings offers suggestions.
- November 8 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 45: Holistic Treatments for Depression
 Most of us have experienced short- or even long-term sadness and we didn't like it one bit. Was it depression? And if it was, are there holistic treatments available? Dr. Jennings weighs in.

- November 15 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 46: Christ Cleansing His Bride
The Bible contains a lot of symbolism; God's attempt to teach us something using some very precise and often complex visual aids. Dr. Jennings reveals one such a important symbol.
- November 22 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 47: Justification by Faith
Today he discusses a topic about which many are confused. Justification by Faith. What is it? Why is it? And how can it help us in our daily walk with God?
- November 29 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 48: Unmasking the Beast of Revelation 13 - Part 1
The Bible is sometimes a little hard to understand, especially when it involves dreams, statues, monsters, and beasts? Dr. Jennings unmask one particular creature found in Revelation 13.
- December 6 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 49: Unmasking the Beast of Revelation 13 - Part 2
What does a beast in Revelation 13:1 have to do with us and our world today? Dr. Jennings suggests that it represents a reality about which we're all aware, and that reality is frightening.
- December 13 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 50: Through the Valley of the Shadow of Death
There's a chapter in the Bible that many misinterpret. It has to do with death and dying. But, when understood correctly, it provides lasting peace in times of fear. Dr. Jennings explains.
- December 20 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 51: The Purpose of the Bible
Why does the Bible exist? What is God trying to reveal through its many and sometimes confusing chapters. The secret of understanding is to begin reading with one basic truth.
- December 27 Your browser doesn't support HTML5 audio elements. **MP3**
Episode 52: Liberty and the Government of God
"Give me liberty or give me death." These words by Colonial politician Patrick Henry seem a little outdated these days. Now it's more like: "Give me liberty or I'll kill you." What changed?