

[Preparing Your Mind to Meet Jesus](#)

written by Tim Jennings, M.D. | January 12, 2015

A two day seminar hosted by Living Stones SDA Church, Burbank, CA August 24 & 25, 2007.

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| Session 1 - God's Original Design For The Mind * (1 hr 7 min) | MP3 | 24.2 MB |
| How our mind was designed to function and what happened when man sinned. | | |
| Session 2 - The Law Of Love: How To Experience God's Healing Now (47 min) | MP3 | 16.2 MB |
| Discover the secret base code that all life in the universe was designed to operate upon and how it became corrupted. | | |
| Session 3 - Freedom, Truth, And Spiritual Warfare: How To Achieve Victory (45 min) | MP3 | 15.6 MB |
| The battle between Christ and Satan is a battle for the mind, discover God's methods for victory and uncover Satan's strategies that destroy. | | |
| Session 4 - The Seven Myths Of Forgiveness (1 hr 16 min) | MP3 | 25.5 MB |
| An exploration of what forgiveness is and is not, how to forgive and seven common myths that impair forgiveness. | | |
| Session 5 - Resolving Legitimate and Illegitimate Guilt (1 hr 14 min) | MP3 | 23.8 MB |
| Guilt is destructive and mental health cannot be achieved until guilt is resolved. Learn how to differentiate between true and false guilt and how to resolve each. | | |
| Session 6 - Depression & Anxiety: Physical & Spiritual Connections (1 hr 19 min) | MP3 | 27.4 MB |
| Major depression affects approximately 20% of women and 10% of men. This presentation explores what happens to the brain and body when someone is depressed, risk factors and the spiritual/physical interface.
(1 hr 19 min) | | |

* recording not optimal.