

Never Perfect - Episode 39: Explaining Bipolar Disorder with Timothy Jennings, MD

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This episode is an educational discussion on the topic of bipolar disorder. Beth Capecchi, host of her “Never Perfect” podcast, draws on Dr. Jennings’ insights and experience to unpack bipolar disorder, which is often challenging to diagnose and understand. Tim shares helpful ways to understand and distinguish bipolar disorder from other disorders and insights on how to treat it. He outlines the various disorders which are included on the bipolar spectrum, including Bipolar I, Bipolar II, and Cyclothymia. Grab your pen and paper, because he covers a lot of information in 45 minutes! Recorded February 12, 2022.

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