

# Mock Salmon Pate

written by admin | November 7, 2011



Please don't let the name mock salmon discourage you from trying this recipe! The only resemblance it has to salmon is the pretty pink color. This pate is simple to prepare and very filling. It's so good served on top of a salad but my very favorite way to eat it is with raw crunchy snap peas!

## **Equipment:**

Blender or Food Processor

## **Ingredients:**

1 large red bell pepper  
2 stalks celery  
1 large scallion  
2 cups walnuts  
1/2 tsp sea salt

## **Directions:**

Combine all the ingredients in a food processor or blender until smooth.

Note: I used my Vita-mix to prepare this recipe. The texture may turn out less creamy in a regular blender or food processor, but you'll still enjoy the same flavor.

from *"Living on Live Food"* by Alissa Cohen