Dr. Jennings on 'The Eric Metaxas Show' (radio)

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Book Interview: The Aging Brain (Feb. 26, 2019)

Did you know we are not doomed to mental decline and dementia in our old age? Dr. Timothy Jennings leads us in how we can keep our brains healthy and sharp well in to our senior years as he explains and documents in his book, "The Aging Brain."

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Book Interview: The God-Shaped Brain (Feb. 27, 2019)

In the second hour of our program, Dr. Timothy Jennings continues his examination of how we can rewire our brains with redeemed thinking – ideas he illuminates in his book, "The God-Shaped Brain."

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