



2021 3Q Rest In Christ: Lesson 9 The Rhythms of Rest

by Tim Jennings (announcements last page)

SABBATH

Read memory text: “Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made” (Genesis 2:3 NKJV).

Read first paragraph, “Who can imagine...” What does the Sabbath mean to you?

Have you experienced the Sabbath as a day “to be” rather than a day “to do” OR “not to do”?

Is the Sabbath relevant to our world today? How?

Does the world need rest? What kind of rest does God offer through the Sabbath?

Was the Sabbath made for man or man for the Sabbath?

The Sabbath was made—it had a beginning, at the end of Creation week—meaning the Sabbath did not exist back when Lucifer rebelled in heaven.

Why is this important—especially to SDAs who value the Sabbath?

SDAs have taught that the final conflict will involve the Sabbath in contrast to Sunday—SDAs have held this up as a test issue, a demarcation issue—but is it possible that SDAs have not accurately presented how and why these two days are involved and have thereby missed the real issue?

Consider these comments from one of the founders of the SDA church—and let’s keep in mind the question of the Sabbath and how it fits in.

The last great conflict between truth and error is but the final struggle of the long-standing controversy concerning the law of God. Upon this battle we are now entering,—a battle between the laws of men and the precepts of Jehovah, between the religion of the Bible and the religion of fable and tradition. (*The Great Controversy* 582)

There is no such thing as weakening or strengthening the law of Jehovah. As it has been, so it is. It always has been, and always will be holy, just, and good, complete in itself. It cannot be repealed or changed. To “honor” or “dishonor” it is but the speech of men. (*Prophets and Kings* 625)



Between the laws of men and the precepts of Jehovah will come the *last great conflict of the controversy between truth and error*. Upon this battle we are now entering—a battle **not between rival churches contending for the supremacy, but between the religion of the Bible and the religions of fable and tradition. (*Prophets and Kings* 625)**

If the last great conflict between truth and error is just the completion of the longstanding battle over God's law which has always been and always will be, then how does the Sabbath fit in since the Sabbath did not exist in heaven when the conflict over God's law began?

How did angels in heaven, before Lucifer rebelled, view God's law? Historic Adventism saw it this way:

But in heaven, service is *not rendered in the spirit of legality*. When Satan rebelled against the law of Jehovah, the thought that there was a law came to the angels almost as an awakening to something unthought of. (MB 109.2)

What kind of law *cannot* be weakened or strengthened, has always been, and will always be, and is in force but unthought of? None other than the design-laws upon which reality is built to exist! Imposed rules, like *humans* make—which require external enforcement—must be posted, beings must be informed or instructed about them in order to hold them accountable. But not design law.

Consider again the example of Isaac Newton telling his friends about the law of gravity, might they respond with “Wow, never thought there was a law, its just how things work.”

So, what did Satan do to attack God's law in heaven? From the book *The Desire of Ages* the author describes:

In the opening of the great controversy, Satan had declared that the law of God could not be obeyed, that justice was inconsistent with mercy, and that, should the law be broken, it would **be impossible for the sinner to be pardoned. Every sin must meet its punishment, urged Satan**; and if God should remit the punishment of sin, He would not be a God of truth and justice. DA 761.4

What kind of law requires God to inflict punishment for disobedience? Imposed law. This is the foundation of the long-standing conflict over God's law: is God's law the type of law that requires Him to inflict punishment or is God's law design law, the protocols of life that requires Him to heal the damage done to the sinner, lest if He does nothing, they die from taking themselves out of harmony with life?

How did the Sabbath become a sanctified day, a day set apart from the others? The Sabbath was *made* this way—i.e. by creation. Thus the Sabbath represents design law, truth, love, liberty.

How did Sunday become a day of religious observance? By legislation, by human enactment, thus it represents the system of imperialism, or Satan's view of law.



And throughout the history of the Christian church, how has Sunday been treated? By legal restrictions and legal enforcement.

If we accept the lie that God's law functions like human law, requiring judicial oversight and infliction of external punishments and death by God—what kind of god is that?

Understand, Satan's original lie in heaven is that God's law requires God to punish rule-breakers. This represents God to be a being other than love, a being who is the source of pain, suffering and death, a dictator, power-monger, and one who cannot be trusted. Thus rebellion spreads and love and trust are destroyed.

The final issues will revolve around the question of law and authority. Those who value Satan's view of law and justice will use Satan's methods of imposed law and coercive enforcement to get people to comply with their views. This is the beastly system of Revelation.

But God gave us a sign to help us remember His design laws:

I gave them my decrees and made known to them my laws, for the man who obeys them will live by them. Also I gave them my Sabbaths as a sign between us, so they would know that I the LORD made them holy. (Eze 20:11–12 NIV84).

The one who embraces God's design laws lives in harmony with God's laws, the laws upon which life is built. And the Sabbath was given as a sign that God is the one who makes us holy or sanctifies us. What do you understand this to mean?

Do you understand it to mean: The Sabbath is a sign to God and other people that we are obeying the right rules so God can recognize His obedient children and legally account us righteous in heaven?

Or consider this scenario, is this how you understand the Sabbath as a sign: You are a prisoner of war, or you are trapped behind enemy lines, and you see someone flying the American Flag (if you are a US citizen) if you are Australian, you see the Australian flag, or British you see the Union Jack. When you see the flag what does it do for you? If this was like the old westerns and you see the flag and hear the bugle charge of the cavalry, what would you experience? Would you be encouraged? Would your hope surge?

So, do you hear God saying to us: "Remember my Sabbath—it is not a day for you to perform, to earn my grace, for you to work either for your livelihood or for your salvation, in fact it is a day for you to rest. It is my gift to you—it is a sign from me to you that I built right into time so it can never be taken away. It is my sign to let you know that when you trust me I will heal you, save you, deliver you from sin, restore you to righteousness by returning you to harmony with my eternal law of love that life is built to operate upon. When the devil's forces are raging at the end of time, when the governments are beastly, when freedoms are being encroached—Remember my Sabbath—I will heal and save you and am coming back soon!"



Is this how you hear the promise that the Sabbath is a sign—one God has given to us, not one we are to give to God?

Can you see these two methods of governing—imperialism versus design law, involved in the Sabbath Sunday question? Is this the only place you can see these two systems at war? Can Satan advance his beastly system without specifically pursuing Sunday legislation, but by using the same methods on another issue?

Be sure the Sabbath is a test question and how you treat this question places you either on God's side or Satan's side. The mark of the beast is to be presented **in some shape** to every institution and every individual.--Ms 6 1889, p. 6. (Written Nov. 4, 1889.) {3MR 189.2}

How is the Sabbath a test question and the mark of the beast to be presented in *some shape* to every institution...Is it merely which day of the week, or is it what the days symbolize, what the days signify in regard to God, his character and method of governing versus Satan, his character and method of governing?

Does Satan care if a group of people worships on Sabbath as long as they worship him? Was Satan disappointed with the Jews who crucified Jesus because they wanted Him off by sunset in order to keep the Sabbath?

The two days represent two systems, God's character, methods and government of love versus Satan's system of lies, imposed rules and coercive enforcement—it is the two laws, the two methods, the two governments and thus God who is love versus Satan who is selfish.

Those who embrace God and His character and law of love, open their hearts in trust and are sealed—but what does that mean? They have their hearts and minds settled into God's methods, character and principles in how they live and treat others via the work of the Holy Spirit. They have the law written on the heart and mind:

- “And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were **marked in him with a seal, the promised Holy Spirit...**” (Eph 1:13 NIV84).
- And do not grieve the Holy Spirit of God, with whom you were **sealed** for the day of redemption. (Eph 4:30 NIV84).

The lost are marked as beastly when Satan's law and methods are solidified into their characters in how they treat others.

The time has come for the true light to shine amid moral darkness. The third angel's message has been sent forth to the world, **warning men against receiving the mark of the beast or of his image in their foreheads or in their hands. To receive this mark means to come to the**



same decision as the beast has done, and to advocate the same ideas, in direct opposition to the word of God. {RH, July 13, 1897 par. 5}

What decisions and ideas? That God's law is imposed law, that justice requires enforcement of law, and the practice of those methods upon others.

Thus the issue in the end, of which **the two days stand as signs**, is the issue of God's law of love, versus Satan's imposed law construct; God's rule of love versus Satan's rule of fear and selfishness; **God's design laws versus worldly imposed laws. It comes down to the methods one practices, and by practicing those methods one chooses which God they worship and what character they develop**, and the two days are symbolic of two systems.

In striking contrast to the wrong and oppression so universally practised were the mission and work of Christ. Earthly kingdoms are established and upheld by **physical force**, but this **was not** to be the foundation of the Messiah's kingdom. **In the establishment of his government no carnal weapons were to be used, no coercion practised; no attempt would be made to force the consciences of men. These are the principles used by the prince of darkness for the government of his kingdom. His agents are actively at work, seeking in their human independence to enact laws which are in direct contrast to Christ's mercy and loving-kindness.** {RH, August 18, 1896 par. 2}

Prophecy has plainly stated the nature of Christ's kingdom. He planned a government which would use no force; his subjects would know no oppression. [no arrests, no detainments, no imposed punishments, no force] The symbols of earthly governments are wild beasts, but in the kingdom of Christ, men are called upon to behold, not a ferocious beast, but the Lamb of God... {RH, August 18, 1896 par. 3}

Here is the formula for Satan's methods:

- Lies that when believed break the circle of love and trust—
- This incites fear and selfishness—survival drives
- This results in seeing more threats which increase fear and the need to protect self
- which results in using power, might, force to control, compel, coerce or destroy others in order to make self feel safe
- Do we see this happening in the world today with COVID19
 - real virus but lie after lie has been told and continues to be told
 - increasing fear
 - with increased survival drive

In normal medical research when an investigational treatment is given and someone dies shortly thereafter, what is the response?

- Autopsy—is there evidence the death was related to the treatment or not



- We have over 12,000 deaths reported to VAERS from the vaccine—why haven't any funds been directed toward autopsies to actually discover if these deaths are caused by the vaccine or not? Is it because the government already know they answer and they don't want the evidence?
- One pathologist has done a few autopsies on those who died after receiving the vaccine. He has the tissue samples that reveals that the spike proteins from the injections are found bound to mitochondria in cells across the body, lung tissue, brain, heart and other tissues causing inflammation and leading to death; and he shows the path slides of actual individuals who have died from the vaccine documenting spike proteins causing inflammation across the body's organs. Is this just artifact in the few individuals he autopsied or is it something that is actually occurring in larger groups? What is the ethical and moral approach? Why is the government not pursuing this? <https://rumble.com/vkopys-a-pathologist-summary-of-what-these-jabs-do-to-the-brain-and-other-organs.html>
- Animal studies document that after injecting the spike protein it rapidly crosses the blood brain barrier and binds to brain cells of the animals <https://pubmed.ncbi.nlm.nih.gov/33328624/> Putting this together with the previous research I presented in lesson 7 and 8 that the spike protein in the brain increases accumulation of other toxic proteins that cause Alzheimer's, Parkinson's, Lewy Body, and spongiform diseases, and the autopsies revealing that spike proteins are bound to brain cells—should we warn people about the potential risk before they get vaccinated?

One pathologist reports that after vaccination a shift in normal immune cells occurs where CD8 lymphocytes are not functioning normally. These cells keep chronic infections like herpes viruses in check, but also monitor and kill cancer cells in our bodies as they arise. He reports a 10-20 fold increase in uterine cancers in his lab in the last 6 months since the roll out of the vaccines. Is this because our ability to fight cancer is impaired by the vaccines? He doesn't know, but the science is there to suggest this could be happening and needs real investigation.

Understand something very clearly—most politicians are not interested in the health of their citizens, they are interested in power. I won't go through all the human experimentation done on people in America by the US government, whether LSD trials, or the syphilis experiments on black men.

Let's just remember what happened in the USA regarding tobacco use. I am old enough to remember a decades long debate in this country whether tobacco caused cancer and heart disease or not. This debate raged through society and the medical community. Doctors had historically prescribed tobacco for disease, evidence began to emerge that it caused disease. This information was not met with enthusiasm—in fact it was actively fought against.

There were scientific papers published denying any relationship of tobacco and cancer—of course these studies were funded by the tobacco industry.

Tobacco advertisements used to be on TV in America, but the US Congress eventually passed a law to ban them—why do you think that was? Do you think our politicians became concerned for the health of the people, and recognizing the dangers of tobacco took action to protect us? No! It was the tobacco industry using their lobby in congress that got the politicians to ban tobacco ads—why? Because the



anti-tobacco forces were spending dollar for dollar on anti-tobacco ads on TV and were having a major impact, so they decided to get the ads banned from TV and went to billboards and other media targeting kids with things like Joe Camel. Understand, politicians in general, don't care about our health—they care about power.

Do you think any political forces could be using COVID to advance their power and control?

There is a debate happening in society, what is the best way to handle COVID. The majority of people want to be healthy, want to be safe from infection, but the information is confusing and often times conflictual. The politicians use this to garner more power by inciting fear and obstructing actual solutions that would resolve the problem.

UNDERSTAND THIS: The politicians don't want you to be less afraid, because then they lose your willingness to comply with restrictions on your liberty! So they suppress information that would resolve this crisis.

Let's reason through some things happening so you can understand and see how your mind is being manipulated and how those who value Satan's methods of governing are trying to get you to embrace as righteous his methods of coercion and control over others.

Let's examine something we all have a lot more familiarity with—the seasonal flu, influenza. For as long as any of us can remember there has been an annual flu vaccine that is produced—why?

- Why a new flu vaccine every year?
- Because the flu virus mutates, and the previous vaccine is ineffective against the new strain. Such viral mutation is normal and expected.
- As viruses replicate, various errors in replication occur, which cause new strains to emerge. When the mutation alters the antibody binding sites, the new strain is “resistant” and the previous years' vaccines are ineffective.
- The COVID vaccine causes the body to produce antibodies to the spike protein—a single site on the virus, whereas the unvaccinated recovered have much broader immunity with antibodies to multiple sites on the virus, which have been demonstrated to be effective against *all* variants.
- According to JAMA Network, in an article entitled “[Überantibodies From Recovered COVID-19 Patients Could Spur New Therapeutics and Vaccines](#),” recovered individuals had developed multiple different antibodies to COVID-19 and “two of the antibodies were ‘ultrapotent’ at tiny concentrations across all 23 of the variants the scientists tested, including the highly transmissible B.1.1.7 (alpha), B.1.351 (beta), and B.1.617.2 (delta) versions.” And other [studies](#) document that the recovered individual maintains long-term immunity.
- The vaccines, however, target the spike protein and nothing else, causing selective pressure, leading to the rise of variants including the Delta variant—resulting in the current vaccine being less effective. Yet, instead of acknowledging this, the medical “experts” are blaming the unvaccinated.



- What would you say if during the next influenza season we promoted the flu vaccine from four years ago? Yet that is what is happening with COVID right now when experts continue to promote an original vaccine for a mutated virus.
- This is what is happening with the delta version and other versions of the COVID virus—they are mutations of the original SARS2 virus, but we are giving the vaccine for the original version and it simply isn't as effective against the mutated versions.
- What increases the likelihood of mutations arising? Vaccines which target one area of the virus but not others.
- People who have naturally recovered from COVID infection have a wide range of antibodies targeting multiple sites on the virus and the virus cannot mutate multiple sites at once thus the naturally recovered are the least likely to contribute to the rise of new variants than the immunized.

- But what are we being told? We are being told that it is the unvaccinated that are driving the rise in the delta version and new infections and that we can't be safe until everyone gets vaccinated. This is medically wrong, scientifically wrong.
- Evidence for this? A small fairly-closed society, the island of Gibraltar with around 35,000 people have administered enough vaccine doses to vaccinate 116% of their population—meaning more than every person getting two doses of the vaccine. And they had an outbreak of new infections in July. <https://graphics.reuters.com/world-coronavirus-tracker-and-maps/countries-and-territories/gibraltar/>
- A study of Cleveland Clinic employees found that “Not one of the 1359 previously infected subjects who remained unvaccinated had a SARS-CoV-2 infection over the duration of the study.” <https://www.medrxiv.org/content/10.1101/2021.06.01.21258176v2>

Not only is the general media misinforming us—but the professional medical media is also misinforming us. This week I received an email with a link to an article on MDEdge entitled: “[As COVID resurges, vaccinated Americans rage against holdouts](#)”

The article opens with:

The rising anger among vaccinated Americans comes as health officials are reporting huge spikes in new cases, hospitalizations, and deaths. Meanwhile, only about half of all Americans fully vaccinated, according to the Centers for Disease Control and Prevention.

The article goes on to cite President Biden's vaccine mandate for federal workers, then various other politicians calling for mandates, it cites how various hospitals and businesses are requiring it.

Then the article says:

Experts say the 90 million unvaccinated Americans are most at risk from COVID and have helped the new Delta variant gain a foothold and spread, posing a risk of “breakthrough” cases even in vaccinated people.



Yet, this is just the opposite of what is likely happening, it is the vaccinated that are driving the rise of the delta version, whereas the unvaccinated recovered are not. Haven't you heard of all the vaccinated getting reinfected? The vaccines provided narrow limited immunity.

Then they interview a person who has been vaccinated and who believes it is the unvaccinated that are making everyone unsafe. He says:

“In the interest of public safety, I believe the government and private businesses need to [make] life difficult for the unvaccinated... They should not be allowed to dine at restaurants, ride public transportation, attend concerts, or broadly be in spaces with large concentrations of people without passing a COVID test at the door.

The article goes on to identify Christians as the largest group of holdouts who are resisting the vaccine.

The entire article, in a medical news website, is a misinformation propaganda piece designed to split society into two groups, inciting fear of one group, identify that group as enemies of the state and justifying the use of force, coercion, and mandates, restrictions of liberties.

Do you agree with this sentiment? Are you willing to join forces with the government to utilize methods of coercion, force, intimidation on others to violate their conscience?

My friends—we are in perilous times

Remember Sabbath and Sunday stand for two systems of governing, truth, love, liberty—the Sabbath, versus lies, imposed law, coercion—Sunday. Can we only recognize beastly methods on worship days, or can we see the same beastly methods with other issues, the willingness to coerce others to comply, not with where they take their body on Sabbath or Sunday—i.e. to church or not, but with what they put in their Spirit temples?

I am going to read some EGW quotes about Sunday law enforcement but replace Sunday, Sunday laws, Sunday enforcement with COVID, COVID laws and COVID Enforcement.

There are many, even of those engaged in this movement for [**Vaccine**] enforcement, who are blinded to the results which will follow this action. They do not see that they are striking directly against **religious liberty**. There are many who have never understood the claims of the Bible [**laws of life and health**] and the false foundation upon which the [**COVID vaccine**] rests. .LDE 126

When our nation shall so abjure [renounce] the principles of its government as to enact [**Covid vaccine enforcement**], Protestantism will in this act join hands with popery. [**popery wasn't about differences in theology, popery was about authoritarian rule, the use of the state to**



compel and coerce enforcement to its dogmas—the inquisition, the imprisoning, burning at the stake etc.]--5T 712 (1889). {LDE 128.2}

Protestants will throw their whole influence and strength on the side of the papacy. By a national act enforcing the [vaccine mandates] they will give life and vigor to the corrupt faith of Rome, **reviving her tyranny and oppression of conscience.**[this is the issue, tyranny and oppression of conscience on any issue of conscience]--Mar 179 (1893). {LDE 128.3}

Satan puts his interpretation upon events, and they think, as he would have them, that the calamities which fill the land are a result of [the unvaccinated]. Thinking to appease the wrath of God these influential men make laws enforcing [mask wearing, business shut downs and vaccination].--10MR 239 (1899). {LDE 129.4}

When our nation, in its legislative councils, shall enact laws to bind the consciences of men in regard to their [Spirit temples, enforcing experimental vaccination], and bringing oppressive power to bear against those who keep the [their Spirit temples pure], the law of God will, to all intents and purposes, be made void in our land, and national apostasy will be followed by national ruin.--7BC 977 (1888). {LDE 133.5}

Those who promote a god who acts like a Roman emperor, who imposes law, who inflicts punishment, who coerce consciences are actively promoting the system of the beast—even if they worship on the Bible Sabbath!

Some of us may find ourselves called before courts, governing bodies, or other organizations to stand up for God's principles at this time in history.

As I was preparing for class this week I came across another quote and found it compelling:

I have been surprised at being asked by physicians if I did not think it would be more pleasing to God for them to give up their medical practice and enter the ministry. I am prepared to answer such an inquirer: If you are a Christian and a **competent physician**, you are qualified to do **tenfold more good as a missionary for God than if you were to go forth merely as a preacher of the word**. I would advise young men and women to give heed to this matter. **Perilous times are before us**. The whole world will be involved in perplexity and distress, **disease of every kind will be upon the human family, and such ignorance as now prevails concerning the laws of health** would result in great suffering and the loss of many lives that might be saved. Counsels on Health 503.3

While Satan is constantly doing his utmost to take advantage of men's ignorance and to **lay the foundation of disease by improper treatment of the body**, it is best for those who claim to be sons and daughters of God to avail themselves while they can of the opportunities now presented to gain a knowledge of the human system and how it may be preserved in health. Counsels on Health 504.1



Did you know that:

- Plant based and pescatarian diets reduce moderate to severe COVID outcomes by 73%?
<https://nutrition.bmj.com/content/early/2021/05/18/bmjnph-2021-000272>
- “individuals with Vitamin-D deficiency were 80% more likely to acquire COVID-19 infection as compared to those who have sufficient Vitamin D levels”
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7973108/>
 - What increases vitamin D levels? Appropriate amounts of sunshine. One of the 8 natural remedies.
- Did you know that research shows that:
“Oxytocin (OXT) carries special functions in immunologic defense, homeostasis and surveillance. It suppresses neutrophil infiltration and inflammatory cytokine release, activates T-lymphocytes, and antagonizes negative effects of angiotensin II and other key pathological events of COVID-19. Additionally, OXT can promote γ -interferon expression to inhibit cathepsin L and increases superoxide dismutase expression to reduce heparin and heparan sulphate fragmentation. Through these mechanisms, OXT can block viral invasion, suppress cytokine storm, reverse lymphocytopenia, and prevent progression to ARDS and multiple organ failures” <https://pubmed.ncbi.nlm.nih.gov/33513400/>

And what increases natural bodily oxytocin? Social connections, being with people you love and who love you. Touching others, hugs, massage, holding hands, joining together in groups to worship. Anything that increases human connection and bonding.

So what undermines oxytocin? Social distancing and wearing masks, which increase fear, and fear activates stress pathways that increase inflammation and undermine the body’s ability to fight infections.

- Did you know that alcohol use interferes with lymphocyte response times and increases vulnerability to infections?
<https://onlinelibrary.wiley.com/doi/abs/10.1097/01.ALC.0000127104.80398.9B>
 - yet what did the government determine was one of the essential businesses to stay open during COVID lockdowns?

So the government, claiming it wants to protect people and save lives, then why has the government:

- kept liquor stores open when alcohol interfere with the immune system
- why hasn’t the government and medical societies actively advocated to avoid alcohol consumption to improve immune defense?
- required people to socially isolate and wear masks which interfere with normal bodily immune response and increase vulnerability to infections
- suppressed peer reviewed outcome based studies that demonstrate an 84% reduction in hospitalizations and deaths when therapeutics are used and instead have told people to stay at home until you can’t breathe and then come to the hospital when you are near death?
 - <https://www.sciencedirect.com/science/article/pii/S0924857920304258>
 - <https://jamanetwork.com/journals/jama/article-abstract/2773108>



- Here is a link to a very informative document from the American Association of Physicians and Surgeons for both lay people and physicians:
<https://faculty.utrgv.edu/eleftherios.gkioulekas/zelenko/aaps-Guide-to-Home-Based-Covid-Treatment.pdf>

<https://faculty.utrgv.edu/eleftherios.gkioulekas/zelenko/index.html>

<https://vladimirzelenkomd.com/zelenko-treatment-protocol/>

- not secured the southern border and just in the last month allowed over 200,000 illegal migrants to enter the country, tens of thousands infected with COVID, none were vaccinated, and then shipped them at government, meaning at tax-payer, expense to states all over the country without the knowledge or agreement of the states—think about it. If the government was actually serious about stopping the spread of COVID would they ship tens of thousands of infected people who illegally entered this country around the country? And if they really thought the vaccine was lifesaving and effective, why aren't they giving it to all these unvaccinated as they enter before they dump them in US cities?

But more than all of this, they created an experimental injection, get emergency use authorization for something with no long-term safety data and then **vilify conscientious people who want to live in harmony with God's principles for their lives as enemies of the state and seeks to get you to join forces to compel, pressure, coerce those who are not yet fully persuaded in their minds to take the experimental injection.**

We are to live out the principles of God; to live in harmony with God's designs. **Understand, right now our characters are being tested:** Whose laws are you going to embrace and practice in governance of yourself—are you going to embrace the beastly system of imperialism and coercion, or God's design laws of truth, love and liberty?

SUNDAY

Read fourth paragraph, "God stooped and began..."

What was the pinnacle of creation week on earth prior to Sabbath rest?

Humankind—and in the creation of humankind when was that completed? With which individual?

In God's creative pattern as demonstrated in Genesis, how did it progress?

Which substance was the better substance from with which to create, mud or a sinless living being?

So, what is the pinnacle of creation, the crowning act? Wouldn't it be Eve?



Is this why after sin men have consistently sought to dominate women?

But, in truth, is Adam complete as a human being without Eve—in God’s design? And is Eve, complete as a human being without Adam?

In the beginning, God created sinless perfection. Adam and Eve were created as equals, with neither one to rule over the other, but to live in the perfect harmony of other-centered love.

One Christian writer put it this way:

God Himself gave Adam a companion. He provided “an help meet for him” – a helper corresponding to him – one who was fitted to be his companion, and who could be one with him in love and sympathy. Eve was created from a rib taken from the side of Adam, signifying that she was not to control him as the head, nor to be trampled under his feet as an inferior, but to stand by his side as an equal, to be loved and protected by him (Patriarchs and Prophets, p. 46).

Adam was made in God’s image, and God is love. Adam could not advance, develop, or experience the fullness of Godlike love without someone for him to serve, to love, to give of himself to uplift. Eve was created as a “helper” to Adam – to help him experience and grow in Godlike love as he gave of himself for her good. And Eve was to receive this love and have it flow back to Adam in loving service for him. Thus, in unity with God, the three reveal and represent the Triune perfection of Godlike love.

Equality in God’s design is the equality of moral worth – the equal need of both male and female to be united as “one” in other-centered love, and the equal treatment of God’s design laws upon both. God purposely did not make them equal in abilities, but with complementary abilities that when united in godly love would expand, ennoble, develop, and elevate both partners beyond that which either one could experience or achieve individually. It is in this unity of love that humanity flourishes and becomes truly godlike. Thus, Satan hates this God-designed unity of equal partners in other-centered love and seeks to destroy it.

MONDAY

The lesson is about the rest we have in the weekly Sabbath that God created in Eden.

The seven day weekly cycle is a powerful evidence of creation. There is no naturalistic evolutionary explanation for the 7 day weekly cycle, the day measured by Earth’s rotation on its axis, or months measured by moon rotating around the earth, and the year earth rotating around the sun. The week has no cosmological basis, yet every society has the 7 day week, even those that don’t come from Judeo-Christian background. Why?

Evolution cannot explain it, the Bible does.



Every time in history when societies try to implement different arrangements they fail.

There is an article in Chronobiology International; The Journal of Biological and Medical Rhythm Research, entitled: Seven-day human biological rhythms: An expedition in search of their origin, synchronization, functional advantage, adaptive value and clinical relevance.

<https://www.tandfonline.com/doi/full/10.1080/07420528.2016.1236807>

The article documents a 7 day weekly biorhythm found throughout many plant and animal species in nature including humans. What are your thoughts about this?

Is it evidence for God? The creationist would say yes, it certainly fits. But the evolutionist will take the same evidence and argue that these are natural rhythms that the ancient writers incorporated into their descriptions about creation, just like days months and years.

This is the difference between evidence and declaration—the evidence is there for people to see, but the evidence can be interpreted through the lens of the Bible or the lens of godlessness.

THURSDAY

Read second and third paragraph, “Because Sabbath means celebrating...” What do you think of the idea that Sabbath keeping does not begin on the seventh day?

Consider this quote:

All through the week we are to have the Sabbath in mind and be making preparation to keep it according to the commandment. **We are not merely to observe the Sabbath as a legal matter. We are to understand its spiritual bearing upon all the transactions of life.** All who regard the Sabbath as a sign between them and God, showing that He is the God who sanctifies them, **will represent the principles of His government. They will bring into daily practice the laws of His kingdom. Daily it will be their prayer that the sanctification of the Sabbath may rest upon them. Every day** they will have the companionship of Christ, and will exemplify the perfection of His character. **Every day** their light will shine forth to others in good works. 3TT 20.3

So if it is to be an every day thing what does that mean? Doesn't it mean true Sabbath observance is not legalistic, it isn't about the day, but about the government, about the law itself, about the methods and principles? And thus those who embrace the methods of Satan, imperialism, rules, enforcement on the seventh-day Sabbath are actually Sabbath breakers.



ANNOUNCEMENTS:

Come and Reason Ministry is now the owner of the property at 4922 La Collina Way, Collegedale, TN



This property is two stories with over 14,000 square feet. We will occupy the first floor a little over 7000 square feet. But before we move in we need to do renovations to prepare for our classes and ministry production. We will have a theater studio so we can record and broadcast programs with a live audience. We will have a kitchen so we can have regular potlucks. We plan on a children's room so parents with younger children can come to our class while the children have a children's program.

The next step in the process is to get contractors to give us an official bid for the renovation, choose a contractor and get the space renovated.

Please keep us in your prayers that the Lord will lead us use resources wisely and most economically.

NEW RESOURCE SOUTH AFRICA: *Could It Be This Simple?* is now available in Afrikaans.

We want to give special thanks to Jacques van den Heever, who spent many hours proof reading and working with editors and translators to get this resource available. Thank you Jacques!



It is available as a FREE download on our website, but if you are in South Africa and would like one in print, then email Jacque at comeandreason.sa@gmail.com

There will be a small postage charge of R50 (around \$4) or you live near Somerset West you are welcome to pick one up in person.

South Africa also has some newly printed materials including tracts, meditation guides, and CIBTS. If you are interested in getting copies for yourself or to share, please email comeandreason.sa@gmail.com

God is Love Children's Book Available on Amazon: We are happy to announce that our children's book, God is Love, is now up on Amazon and is available for prime shipping! You might have trouble finding it at first because it's new and doesn't have any reviews yet. Reviews are paramount in helping others search for and find items on Amazon. If you search "God is Love Stephanie Land" you should be able to find it. For a limited time, we are offering it on Amazon for only \$10, which is cheaper than it is currently being sold on our ministry website. If you purchase it through Amazon, you can leave a "verified purchase" review which will help to get the book to populate when people do a search. The more reviews the better!

NOTES: my notes for each class are available for download on our website under our Bible Study tab.

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- Live Q&A section
- A Discussion Forum is now available to members.
- *The Remedy* Audio
- *Could It Be This Simple?* Audio are both available in the members section to stream or download and listen.
- **New Music** Brad & Donna Horne, online members in Australia, created an album that they have graciously donated to our ministry to share with those who love this message.
- Member locator for those who choose to post their information to other members
- If you have ideas to add to the member's section let us know