



Oneness in Christ Lesson 9 4Q 2018 The Most Convincing Proof

by Tim Jennings

SABBATH

Read first paragraph, “Last week we...” Are there any concerns with this?

Three elements were emphasized:

- Jesus as Savior
- Truth of Scripture
- The time of the end

Don't most Christians believe Jesus is Savior, Truth is found in Scripture and we are living in the time of the end?

Is there a message that is specific for human beings at this time in human history?

How would you describe the message that we, as Christians, as a church, are to take to the world in this time in human history?

What do you think of this as a suggested message for our time, from the book *Christ's Object Lessons*:

It is the darkness of misapprehension of God that is enshrouding the world. Men are losing their knowledge of His character. It has been misunderstood and misinterpreted. **At this time a message from God is to be proclaimed, a message illuminating in its influence and saving in its power. His character is to be made known.** Into the darkness of the world is to be shed the light of His glory, the light of His goodness, mercy and truth... **The last rays of merciful light, the last message of mercy to be given to the world, is the revelation of His character of love.**” *Christ's Object Lessons*, p.415

Do you agree or disagree?

Is this message different or the same as the message of the 3 angels of Revelation 14:6-12 from NRSV?

Then I saw another angel flying in midheaven, with an eternal gospel to proclaim to those who live on the earth—to every nation and tribe and language and people. **7** He said in a loud voice, “Fear God and give him glory, for the hour of his judgment has come; and worship him who made heaven and earth, the sea and the springs of water.”

8 Then another angel, a second, followed, saying, “Fallen, fallen is Babylon the great! She has



made all nations drink of the wine of the wrath of her fornication.”

9 Then another angel, a third, followed them, crying with a loud voice, “Those who worship the beast and its image, and receive a mark on their foreheads or on their hands, **10** they will also drink the wine of God’s wrath, poured unmixed into the cup of his anger, and they will be tormented with fire and sulfur in the presence of the holy angels and in the presence of the Lamb. **11** And the smoke of their torment goes up forever and ever. There is no rest day or night for those who worship the beast and its image and for anyone who receives the mark of its name.”

12 Here is a call for the endurance of the saints, those who keep the commandments of God and hold fast to the faith of Jesus.

Does this sound like a message of God’s character of love?

What law lens do you hear it through? What law lens was it translated through?

From *The Remedy*:

⁶Then I saw another messenger flying in midair, and he had the eternal good news about God's character of love to proclaim to everyone living on earth—to every nation, tribe, language, and people—which represents a movement of people who arise to proclaim the truth about God's character of love throughout the world.⁷He said in a clear, resounding voice, "Be in awe of God, and glorify him by living his methods of love, because the hour has come for everyone to make a judgment about God, and worship the Designer, Creator and Builder who made the heavens, the earth, the sea and springs of water— all of which operate upon his law of love."

⁸A second messenger followed the first, proclaiming throughout the world: "Don't trust Babylon the Great—a symbolic description of religions that misrepresent God—as it is fallen into the lies about God and intoxicates the world with its pagan views of God, maddening the people with its adulterous idea that God coerces and must inflict punishment if not properly appeased."

⁹And a third messenger followed the first two and proclaimed in a voice that was heard throughout the world: "If anyone gives worth and honor to the beastly system of coercion by choosing the methods of the beast and thus marking themselves as 'loyal in heart' by embracing the character of the beast, or marking themselves as 'loyal in deed' by practicing his methods,¹⁰ they will reap the full fury of unremedied sin when God no longer shields them from their destructive choice. They will experience immeasurable torment of mind and burning anguish of heart when they stand in God's fiery presence and are bathed in unquenchable fire of truth and love—all in the very presence of Jesus and the holy angels.¹¹The memory of their suffering and the lesson of their self-destructive choice will never be forgotten throughout all eternity. There will be no peace of mind—day or night—for those who prefer the methods of the beast and model after him, or for any who choose to mark themselves as followers of the



beast."¹²This requires patient endurance on the part of the healed, who live God's methods of love and remain true to Jesus.

Does this sound different?

Can the truth that Jesus is our Savior be presented in a way that, rather than uniting, divides?

How can that be?

When we operate at level four thinking, which is law and order, imperial law, rules oriented, then security is found in proper definitions, doctrines, right ideas, rather than right character and right methods.

It lends itself to missing the forest for the trees—in this case missing actual salvation, the restoration of Christlikeness within, for ensuring the right doctrinal definitions are taught.

The false law view leads to *the ends justify the means* mentality. We must ensure that we are united in the right doctrines and thus we must set up compliance committees, use coercive pressure, threaten income, for no one can buy or sell save him who has the mark of the beast. But this is considered okay because we are enforcing the right doctrines, rules, laws.

They fail to realize this is not how reality works—one cannot get love, loyalty, devotion, trust, friendship by threats and punishment.

Does this mean there is no relationship between doctrine, what is taught and salvation or is there a relationship between doctrines and salvation? Yes there is a relationship!

Is there a relationship between salvation in Jesus and the message of unity to the world? Yes!

What is that relationship?

Is there a relationship between teaching/doctrines and salvation? It is all based in reality—How reality, God's kingdom actually works:

- When doctors taught people with lung disease they would improve by smoking tobacco—was there a relationship between what was being taught and their health outcomes?
- When doctors changed their teaching to teach tobacco causes lung disease and no one should smoke—was there a relationship between what was being taught and health outcomes?
- So what is the relationship between doctrines and salvation in Jesus?
- If they teach the truth about God, His character and methods, His design for life, what is actually wrong that God is fixing through Christ then the doctrines are effective in leading people to salvation.



- But if what is taught is myth, is distorted, is false then the doctrines taught can actually make things worse—increase fear, harden hearts, incite rebellion, cause division, and incite abuse of others—all under the guise of loyalty to God. Remember those who crucified Christ, or the Dark Ages, Inquisition and what Revelation teaches about the end of time.

So, what methods unite and what methods divide?

Truth presented in love while leaving free, when these methods are **accepted** then unity results.

Lies believed results in fear selfishness leading to coercion and always divides.

Truth presented to a group of people who all believe the same lie and practice the same distorted methods will divide. This is what Jesus meant when He said He did not come to bring peace but a sword—the sword of truth.

Matthew 10:34-36 from *The Remedy*:

"Don't think that I have come to make peace with a selfish world. I have not come to bring peace with selfishness, but a sword to cut selfishness out of the hearts of people.³⁵ I have come to cut dysfunctional family ties: to free a son from selfish loyalty to his father's ambitions and feuds, to sever a daughter from the control of an oppressive and manipulative mother, to cut through the fear and hostility a daughter-in-law has toward her mother-in-law.³⁶ A person's worst enemies are often members of their own family.

What happens if we have a right doctrinal fact, say, ceremonial baptism by immersion in water and we use methods of coercion to force people to be baptized by immersion—are we promoting the truth or a lie?

How about we teach people the Bible method of baptism, but leave them free to decide for themselves and a person is not convinced of the immersion method and instead is baptized by sprinkling does that preclude them from being saved? Would baptism by sprinkling prevent someone from being part of God's church triumphant?

But, could baptism by sprinkling prevent someone from being part of various denominations until they are not immersed in water?

What does this say about denominations versus the church triumphant?

If we have a message for the end of time that is to unite people under one head, Jesus, should that message be one that unites all people, or should we present truths that are truths, but in such a way that they fracture and divide?



SUNDAY

Read first paragraph, “Like many other spiritual...” What is being taught in this paragraph?

Are they saying if we agree on the method of baptism, claim by faith the death of Jesus for our sin payment and the forgiveness of sins and believe He rose from the dead, and share common definition of what the three angels’ messages mean, then we will be united?

Hmmm...So is unity an agreement of ideas merely?

Or, is unity a unity of hearts of love who practice the same methods but yet could still disagree on definitions of things like the meaning of the 3 angels or method of baptism, or why Christ had to die?

What about the idea that unity is not a human creation by our good works or efforts?

Does that mean we can have unity, as God designed it and through God’s methods, without our good works and efforts?

What is meant by:

Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling,¹³ for it is God who works in you to will and to act according to his good purpose. Php 2:12-13

Can a person be saved by their own efforts apart from God and Jesus? No!

Can God save a person through Jesus without the effort, cooperation, and active engagement of that person? No!

This is another place where the false imperial/imposed law lens has corrupted simple truth. Because the species human was saved by Jesus alone and no work, effort, action we sinner can take can contribute in any way to what Jesus accomplished for us it is falsely taught that we have no work in our salvation. Untrue—we have no work in developing the remedy for our sin problem—this Jesus did singly and alone. But we do have a work in partaking and cooperating with Jesus and the Holy Spirit in the application of that remedy into our individual lives.

The legal lie tells people you only need to accept the legal payment of Jesus blood to your heavenly ledger and God will declare you to be righteous, even though you remain wicked. Your only work in being saved is to accept the legal payment. Once saved, you have work to do in gratitude but that work doesn’t contribute to your being saved.

The truth is that Jesus saved the species in His own humanity and developed a perfect sinless character, destroyed the infection of fear and selfishness, revealed God as altogether trustworthy and



His methods as the only methods of life and exposed Satan as a liar. We have a work to do in thinking/studying the truth and choosing to trust God, and then in applying to our lives the methods and principles of God.

Here is what one of the founders of the SDA church wrote—is this part of the end time message we are to take to the world—do you see this as a different message than the penal substitutionary lie?

- We are laborers together with God. This is the Lord's own wise arrangement. **The cooperation of the human will and endeavor with divine energy is the link that binds men up with one another and with God.** The apostle says, "We are laborers together with God: ye are God's husbandry, ye are God's building" (1 Corinthians 3:9). **Man is to work with the facilities God has given him.** "Work out your own salvation with fear and trembling," He says. "For it is God which worketh in you both to will and to do of His good pleasure" (Philippians 2:12, 13).--MS 113, 1898. {2MCP 694.3}
- **There are two grand forces at work in the salvation of the human soul. It requires the cooperation of man with the divine agencies--** divine influences, and a strong, living, working faith. **It is in this way only** that the human agent can become a laborer together with God. **The Lord does not sanction in any one of us a blind, stupid credulity. He does not dishonor the human understanding,** but, far from this, He calls for the human will to be brought into connection with the divine will. **He calls for the ingenuity of the human mind, the tact, the skill, to be strenuously exercised in searching out the truth as it is in Jesus. . .** . Ye are labourers together with God. {OHC 310.5}
- And he who seeks to give light to others will himself be blessed. "There shall be showers of blessing." "He that watereth shall be watered also himself." Proverbs 11:25. **God could have reached His object in saving sinners without our aid; but in order for us to develop a character like Christ's, we must share in His work.** In order to enter into His joy,--the joy of seeing souls redeemed by His sacrifice,--we must participate in His labors for their redemption. {DA 142.2}

What law of God is described in that last quote? The law of exertion—if you want something to get stronger you must exercise it. God wants us to grow, to develop, to become like Him, and we must also want that and choose it, not just as a concept but as a way of life. The legal model is a lie of Satan that cheats people from genuine holiness, healthiness and happiness.

Read third paragraph “Whatever else we believe...”

How is this different from every other Christian denomination? And if all Christian denominations teach salvation through Jesus’ death in our behalf, does that mean we are united with all denominations?

Why can two people both proclaim belief in Christ’s death but not be united in Christ?



“Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. ²² Many will say to me on that day, ‘Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?’ ²³ Then I will tell them plainly, ‘I never knew you. Away from me, you evildoers!’ Mt 7:21-24 NIV

These are not Buddhists or atheists, these are people proclaiming Jesus as Lord—Christians, but they are not united with Jesus why? Because they were not doing the will of the Father in heaven. And what is the will of the Father?

To love—to live in harmony with God’s character and design law of love!

MONDAY

In the second paragraph the lesson asks us to read Ephesians 2:13-16:

But now in Christ Jesus you who once were far away have been brought near through the blood of Christ.

¹⁴ For he himself is our peace, who has made the two one and has destroyed the barrier, the dividing wall of hostility, ¹⁵ by abolishing in his flesh the law with its commandments and regulations. His purpose was to create in himself one new man out of the two, thus making peace, ¹⁶ and in this one body to reconcile both of them to God through the cross, by which he put to death their hostility. NIV

What does this mean?

Who was far away and far away from what? Would it be far away from God and God’s design for life, God’s law of love?

What is meant by “the blood of Christ”? Does that mean the red corpuscles?

How does the blood of Christ bring one close to God and God’s design?

What are the two that are brought into one? What is the barrier, the wall dividing? What does it mean abolish the law in his flesh?

How does Christ create in himself a new human and how does this bring peace, peace with who or what?



From *The Remedy*:

But now, you—whose minds were once far away, and who were practicing the principles of selfishness and survival-of-the-fittest—have been enlightened and brought near to God, and are in unity with Christ through the truth revealed when he died.

¹⁴ For Christ himself is the Remedy that heals the species and brings peace. He has removed fear and selfishness that cause division, mistrust, prejudice, and hostility.¹⁵ He did this by partaking of our human condition, and—via the exercise of his human brain—he loved perfectly, thereby destroying in his flesh (in the humanity he partook) the selfish survival-of-the-fittest drive along with the lies of Satan. In this way, he destroyed the need for the law (with all its regulations) to expose Satan’s lies and methods. His purpose was to be the template of a new humanity born out of the unification of the two—our selfish, infected condition merged with his sinless state—thereby purging selfishness from the human heart, and transforming, healing, renewing, regenerating and recreating humanity back to God’s original ideal;¹⁶ and in this new being, to reconcile the human race—regardless of ethnic background—into loving unity with God and each other through the revelation of truth at the cross, by which he destroyed the lies of Satan, reestablished trust, and removed fear, selfishness, and hostility.

Do you see how only design law—understanding God as Creator, how God built life to operate and how sin is breaking God’s design for life which causes pain and death—can give us the right understanding? If we try to understand the Bible with the imperial/imposed law lens we will always end up with wrong conclusions and too frequently misrepresent God as beastly.

The lesson asks us to read 2Cor 5:17-21 from the NIV:

Therefore, if anyone is in Christ, **he is a new creation**; *:[is a new creation as this verse says or do we believe the legal lie that says one is declared to be a new creation even though he is not?]* the old has gone, the new has come! ¹⁸ **All this is from God, who reconciled us to himself** *[Do we believe the Bible or the penal/legal lie that Christ had to propitiate the Father’s wrath and also reconcile the Father to us?]* through Christ and gave us the ministry of reconciliation: ¹⁹ that God was reconciling the world to himself in Christ, **not counting men’s sins against them.** *[do we believe what the Bible says or the legal lie which teaches God does keep score, does keep record of the sins, counting them and recording them in the books of heaven to one day punish for?]* And he has committed to us the message of reconciliation. ²⁰ We are therefore Christ’s ambassadors, as though God were making his appeal through us. We implore you on Christ’s behalf: Be reconciled to God. ²¹ **God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.** *[Substitution—for what purpose? So that we might become the righteousness of God. The Penal Substitutionary lie is that we are declared righteous even though we are not. This is not so. God was in Christ restoring the species human back into perfection!]*

Do you believe that God does not count our sins against us?



Isn't it taught that God does count our sins against us? Is this true or not?

What does 1Cor 13 say about love, "it keeps no record of wrongs." Is God love? Then does God keep record of wrongs to judge us by and punish us by?

No! This is Satan's lie to undermine our trust in God. God doesn't have to keep record of wrongs because His law is not imperial or imposed, it is design law. All deviations from God's design law injure and damage the sinner and God is working through Christ to heal and restore all who trust Him.

God's records are merely the records of reality—like medical records, documenting the actual condition of each heart and also documenting all the myriad interventions from God to heal every person and all the many times any lost person rejected God's free remedy. Thus the records are not lists of our misdeeds to punish and destroy us for, but a record of all God has done to save each person, even those who are lost and how the lost are destroyed by their own persistence in selfishness—not by God.

TUESDAY

Read first paragraph, "In 1902..." Is what is described here a legal process or actual transformation of the sinner?

What is the mind that was in Christ that is to be ours?

How did Jesus treat the woman caught in adultery?

- Did He condemn her?
- Did He condone the adultery?
- What did He do and why?
- How should we treat people who are living in "sin"?
- Why do we not need to condemn?
- What would our attitude be toward a loved one who smoked two packs per day? Why? Is this how it is for those who live in sin?
- Why is this a safe approach?
- What if we believe that a particular action/practice is sinful but it is not, what happens if we leave people free? But if it is harmful? What happens?

How did Jesus treat the woman with the bleeding problem?

- Did He let her slip away?
- Do you think she wanted everyone to know she had been bleeding in this way for years?
- Might she have been embarrassed?
- Why did Jesus call her out publicly?
- What was Jesus trying to heal?



- She struggled with not only bleeding of her body, but with shame, guilt, fear of not being accepted by God. Jesus wanted to remove her shame, to have her realize that by trusting in Him not only was her body healed, but she gets a new heart and right spirit. To set her truly free to hold her head up in society and to know that God wanted her to be well.

What mindset does Jesus reveal in Mt 5:43-48:

“You have heard that it was said, ‘Love your neighbor and hate your enemy.’⁴⁴ But I tell you: **Love your enemies and pray for those who persecute you,**⁴⁵ **that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous.**⁴⁶ If you love those who love you, what reward will you get? Are not even the tax collectors doing that?⁴⁷ And if you greet only your brothers, what are you doing more than others? Do not even pagans do that?⁴⁸ **Be perfect, therefore, as your heavenly Father is perfect.**

What law does Jesus cite as evidence of God’s methods?

How are we to be perfect? In what way? In love, in heart attitude toward others. Which law helps us do this? Design law!

WEDNESDAY

The lesson focuses on Romans 14 and 15, and how there were disagreements over what to eat or what days to hold as sacred and Paul made the point that every person is to be fully persuaded in their own mind and we are not to judge one another.

Thoughts about the principle?

Read second paragraph, “It is very likely...” What is the lesson trying to do here?

It is trying to make a distinction between issues that we should allow others to differ with us upon, and other issues that we should call *salvation issues* and not allow such divergence. Is it true that Paul’s counsel was only on issues of opinion and not to be applied to “salvation” issues?

Is accepting Jesus as our Savior a salvation issue?

Should every person be fully persuaded in their own mind about accepting Jesus as their Savior? Yes! This counsel applies to all truths why?

Because a person convinced against their will is of the same opinion still.

When we understand design law we understand that only when a person is convinced in their own mind does the truth have any benefit to them. If they disagree with the truth and conform for some



other reason then, in their heart, they become a rebel, hardened, and move away from God.

This is what much of legal religion does, it pressures people to keep rules for which they do not agree and this causes either rebellion or destroys individuality, developing brute beasts of religious enforcement.

Notice this brilliant insight in *Christ's Object Lessons*:

A profession of faith and the possession of truth in the soul are two different things. The mere knowledge of truth is not enough. We may possess this, but the tenor of our thoughts may not be changed. **The heart must be converted and sanctified.** {COL 97.2}

The man who attempts to keep the commandments of God from a sense of obligation merely--because he is required to do so--will never enter into the joy of obedience. He does not obey. [this is level four, this is Penal Substitution Theology] When the requirements of God are accounted a burden because they cut across human inclination, we may know that the life is not a Christian life. **True obedience is the outworking of a principle within. It springs from the love of righteousness, the love of the law of God.** The essence of all righteousness is loyalty to our Redeemer. This will lead us to do right because it is right--because right doing is pleasing to God. [this is design law!] {COL 97.3}

Why is this so? Because of design law, the law of liberty, love can only be experienced in atmosphere of freedom. Pressure or coerce someone against their will and they will rebel. Thus we read:

A sullen submission to the will of the Father will develop the character of a rebel. By such a one service is looked upon as drudgery. It is not rendered cheerfully, and in the love of God. It is a mere mechanical performance. **If he dared, such a one would disobey. His rebellion is smothered, ready to break out at any time in bitter murmurings and complaints.** Such service brings no peace or quietude to the soul. {ST, July 22, 1897}

Notice the lesson suggests that Paul's counsel did not refer to eating pork or the weekly Sabbath—why would the lesson suggest this?

Because they are operating under the false imperial law lens and think that certain rules must be enforced.

Of course, the principle of persuading everyone in their own mind applies to eating pork or the Sabbath. However, if a person is not persuaded about the foods they eat they will not be punished by God in hell, but will suffer health problems.

What about the Sabbath—if a person is not persuaded about the benefits of the Sabbath then what? What would happen if a person doesn't believe the Sabbath is a gift to man from God, but they observe it because their spouse wants them to, or because they fear God will punish them if they



don't—what happens?

What if a person doesn't believe in it and doesn't observe it at all? They miss out on all the Sabbath was designed to teach and provide, but does that mean they miss out on a love relationship with Jesus?

Read bottom pink section, "Is there anything that..." Is there a difference in being a member of God's family, being saved, fulfilling God's purpose in one's life, having God's law written in the heart and mind, living fully to the light God has given you and to what denomination one belongs?

What is the benefit of organizational groups?

THURSDAY

What is the mission of God's people at this time in human history?

Is that mission exclusive to any denominational church, or can any person be part of that mission even without joining a specific denomination?

Can a person be part of God's end time mission without having God's character reproduced within?

FRIDAY

The lesson suggests the Holy Spirit guides the church in three ways, revelation, Scripture and consensus—thoughts?

Could any of these be used by a false spirit?

Where should consensus fit in?

Can consensus occur and it be against the Holy Spirit? Did the Sanhedrin have consensus to crucify Christ?

Should consensus overrule each person being fully persuaded in their own mind?

During The Reformation the reformers decided:

"Let us reject this decree. In matters of conscience the majority has no power."--Merle d'Aubigne, History of the Reformation, b. 13, ch. 5. {AA 68.1}

Consider this EGW quote:

"I have been shown that there is one practise which those in responsible places should avoid; for it is detrimental to the work of God. **Men in position should not lord it over God's**



heritage, and command everything around them. Too many have marked out a prescribed line which they wish others to follow in the work. **Workers have tried to do this with blind faith, without exercising their own judgment upon the matter which they had in hand.** If those who were placed as directors were not present, they have followed their implicit directions just the same. **But in the name of Christ, I would entreat you to stop this work. Give men a chance to exercise their individual judgment. Men who follow the leading of another, and are willing that another should think for them, are unfit to be entrusted with responsibility. Our leading men are remiss in this matter. God has not given to special ones all the brain power there is in the world. Men in responsible positions should credit others with some sense, with some ability of judgment and foresight,** and look upon them as capable of doing the work committed to their hands. **Our leading brethren have made a great mistake in marking out all the directions** that the workers should follow, and this has resulted in deficiency, in a lack of a caretaking spirit in the worker, because they have relied upon others to do all their planning, and have themselves taken no responsibility. Should the men who have taken this responsibility upon themselves step out of our ranks, or die, what a state of things would be found in our institutions! **Leading men should place responsibilities upon others, and allow them to plan and devise and execute, so that they may obtain an experience.** Give them a word of counsel when necessary, but **do not take away the work because you think the brethren are making mistakes. May God pity the cause when one man's mind and one man's plan is followed without question. God would not be honored should such a state of things exist. All our workers must have room to exercise their own judgment and discretion.** God has given men talents which he means that they should use. He has given them minds, and he means that they should become thinkers, and do their own thinking and planning, rather than depend upon others to think for them.”
{Special Testimony to our Ministers 06 61.2}



ANNOUNCEMENTS:

Watch *The Dr. Tim Jennings Show* on **WBTV.TV Network**. Go to TimJenningsMD.com for more info.

December 1, 2018: Aging Brain seminar in Arlington, TX at the LoneStar Auditorium on the UT Arlington campus, 9am-4:30pm, preregister @ tiny.cc/BriainRegistration

January 4-6, 2019: Dr. Jennings will be speaking for the Florida Conference of SDA Women's Convention in Orlando, FL.

February 2-3, 2019: Dr. Jennings will be speaking Christ's Church of Oronogo, MO.

February 22-March 9, 2019: Dr. Jennings will be in Australia speaking in Brisbane, Toowoomba, Adelaide, Avondale, Sydney, Livingston, Perth, and Melbourne.

April 3-6, 2019: Dr. Jennings will be speaking in Sophia Bulgaria.

Mental Health Matters

Community Gatherings for Help, Hope and Healing

In partnership with Come and Reason Ministries and Hixson United Methodist Church

The God-Shaped Brain Thursday, December 13, 2018

Our brains are in a constant state of flux. Moment by moment new connections are forming, idle tracks are being pruned back and brain circuits are changing. Discover how our beliefs change our brain wiring, our physical health, and even which genes are turned on or turned off. Do your beliefs matter – more than you ever knew!