



The Book of Acts Lesson 9 3Q 2018 The Second Missionary Journey

By Tim Jennings (announcements at end)

What was the purpose of Paul's missionary journeys? What was Paul trying to accomplish?

Was Paul trying to convert people to a denomination?

Was Paul trying to set up a new religion that would dominate the world?

Wasn't Paul trying to teach people the truth about their condition, the reality of the world, the situation we are in, the truth about God, what sin is, God's solution for it, so that people could choose to cooperate with God for their healing and ultimately so that Christ will come again and eradicate sin?

What about us as Christians today—what is our purpose?

Are we focused on eradicating sin? Preparing the world for Christ's return?

Do we understand reality or are we stuck in a fantasy—a false narrative originated by Satan that prevents us, even as Christians, from effectively taking the final message of mercy to the world?

What is that false narrative? I came across a quote in an old magazine, Signs of the Times, 1889, written by one of the founders of the SDA church.

When Christ came, it was to engage in the conflict with the enemy of God and man, on this earth, **in the sight of the universe of heaven**. But why was it necessary to wage the warfare in the sight of other worlds?—[Is this idea that there are other worlds and this conflict is being observed, studied even by them, Biblical or made up by EG White? What is the Biblical evidence for this idea? Job 1 “sons of God” gathered before God and then Luke 3:37 Adam “son of God” so sons of God is a reference to the leaders of each world. “Angels long to look into these things” 1Pet 1:12” “God, who at various times and in various ways spoke in time past to the fathers by the prophets, ² has in these last days spoken to us by *His* Son, whom He has appointed heir of all things, through whom also He made the **worlds...**” Heb 1:1,2 NKJV. Is it important in our understand our situation here, to understand what has happened beyond earth?] It was because Satan had been an exalted angel, and when he fell, he induced many angels to join him in his **revolt against God's government**. [How? What did Satan do? Where did Satan focus his efforts to have impact?] **He worked in the minds of the angels as he works in the minds of men** today. [What does Satan seek to get into our minds? What are the core ideas of Satan's false narrative, the lie of the father of lies? Is it not an attack on God's law—i.e. that God's law are merely imposed rules?] He made a pretension of loyalty to God, and yet he argued **that angels should not be under law**. [Think for a moment—what type of law would be necessary to promote for this lie to have any deceptive power? For instance, if



Satan were to tell people today, whose minds are already corrupt, that they should not be under the law of respiration, or under the law of gravity—what would sinful people say? Thus, what type of law was Satan suggesting of God's government to get sinless angels to believe his lies? He inculcated his ideas, his rebellion and enmity, and hatred of God's law originated in the minds of the angels in heaven through his influence. **He caused the fall of man through the same temptations with which he had caused the fall of angels;** [Which is in what way? By changing how we view God's law from design law to arbitrary, imperial, imposed rules. Did God say you will die? No you won't, now I am not saying God won't kill you, but there isn't anything wrong with sin, God's laws are design laws that hurt you if you break them. They are just mere rules. And, you know God, He is too good to kill you, so you don't have to worry about dying if you eat the fruit.] and in the world where he proposed to work out his principles of rebellion, the battle had to be fought, that all might behold the **real nature and results of disobedience to God's great moral standard.** [What are the real nature and results of disobedience to God's great moral standard? The lie, Satan's view, the false narrative which keeps the world hostage to Satan, is that the results are legal, and God is required to inflict punishment for disobedience.] **He represented God in a false light, clothing him with his own attributes.** Christ came to represent the **Father in his true character. He showed that he was not an arbitrary judge, ready to bring judgments upon men, and delighting in condemning and punishing them for their evil deeds.** [Wow, did you hear that? The truth is just the opposite of what Christianity is telling the world. It is no wonder we have been ineffective in preparing the world to meet Christ. We are missionaries today as Paul 2000 years ago, to tell the world the true story, the reality of God. His kingdom of love, His design law, in order to free people from this false world view that enslaves the mind.] The Lord proclaimed his character to Moses in the mount. "And the Lord descended in the cloud, and stood with him there, and proclaimed the name of the Lord. And the Lord passed by before him, and proclaimed, The Lord, The Lord God, merciful and gracious, long-suffering, and abundant in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty." {ST, November 18, 1889 par. 6}

Some may wonder why I emphasize so much design law versus arbitrary rules that are enforced by authority. Not only is it true that we are ineffective in presenting the true gospel to the world to prepare the world for Christ's return. But the true gospel is the narrative of reality, of how God built reality to work, and thus has real life consequences. I came across this quote this week. See if any of you can relate to it and notice the impact of practicing the imposed law construct:

Parents who exercise a spirit of dominion [domination] and authority, transmitted to them from their own parents, which leads them to be exacting in their discipline and instruction, will not train their children aright. By their severity in dealing with their errors, they stir up the worst passions of the human heart and **leave their children with a sense of injustice and wrong.** They meet in their children the very disposition that they themselves have imparted to them. {CG 286.1}

Such parents drive their children away from God, by talking to them on religious



subjects; for the Christian religion is made unattractive and even repulsive by this misrepresentation of truth. Children will say, "Well, if that is religion, I do not want anything of it." It is thus that enmity is often created in the heart against religion; and because of an arbitrary enforcement of authority, children are led to despise the law and the government of heaven. [What is being described? The practice of arbitrary laws, imposed rules in the practice of our worship of God, and this is violation of design law—the law of liberty, which always results in rebellion—which is Satan’s goal and what Satan achieves when we accept the false narrative.] Parents have fixed the eternal destiny of their children by their own misrule. {CG 286.2}

Or consider this quote—again the impact of design law on real life health here and now:

There is a divinely appointed connection between sin and disease. [What is that divinely appointed connection, that if you sin God uses His power to ruin your health? Or, if you sin you deviate from the laws of health and the result is ruined health?] No physician can practice for a month without seeing this illustrated. He may ignore the fact; his mind may be so occupied with other matters that his attention will not be called to it; but if he will be observing and honest, he cannot help acknowledging that **sin and disease bear to each other the relationship of cause and effect.** [What kind of law is this?] The physician should be quick to see this and to act accordingly... **God loves His creatures with a love that is both tender and strong. He has established the laws of nature; but His laws are not arbitrary exactions.** [If they are not arbitrary exactions, what are they?] Every "Thou shalt not," whether in physical or moral law, contains or implies a promise. [Is there a difference in the way the physical and moral laws work in our lives, i.e. is one cause and effect and the other simply legal rules that get us in trouble with the ruling authority?] **If it is obeyed, blessings will attend our steps; if it is disobeyed, the result is danger and unhappiness.** [Why? This is how life is built to operate!] The laws of God are **designed** to bring His people closer to Himself. **He will save them from the evil and lead them to the good, if they will be led; but force them He never will.** . . . [Wow, why won't God force them? Law of liberty, which is design law, love only exists in atmosphere of freedom. And if He won't force them, then what will He NOT do if they refuse Him? He will not inflict punishment upon them! But does that mean there is no punishment for sin? No! Then from where does the punishment come? Just as the Bible says, "sin when full grown brings forth death."] {CH 325.2}

And I had to share just one more quote:

Representing the law of God in its true character arouses the enmity of Satan. [Do we experience this when presenting design law?] Those who love God with all the heart, will love the law of his kingdom. **They will not only profess to be guided by its principles, but they will actually live them out,** even in a world that is no more favorable to the development of Christian principles than were the inhabitants of the world before the flood, of whom it is written that the thoughts and imaginations of their hearts were evil, and only evil continually. A similar condition of society exists in our world today, and **if those who claim to be God's**



commandment-keeping people do not put in practice the principles of the law which Christ came to our world to vindicate, pronouncing it holy, just, and good, they misrepresent the character and mission of their professed Master. They mislead men in regard to the requirements of the law, and will be stumbling-blocks in the way of sinners. [So if we promote the Sabbath as an imposed rule that tests our loyalty to God and if we don't keep it God will punish us, what are we doing? We are misleading people and leading them away from God!] The Lord of hosts has warned us that we shall take heed not to misrepresent the law of his government by any **unmerciful action on our part toward our fellow-men... Not a thread of selfishness is to be woven into their practices. **The law of God is to be lived out. Thus in the character of God's people a living testimony will be borne that will contradict the fallacy of Satan, who has declared that the law of Jehovah is arbitrary, and holds its subjects under a cruel bondage.** {RH, August 13, 1895 par. 6}**

Where would the world be today if we as Christians were to live out the law? If we as Christians would preach and teach the message of God our Creator and His laws are design laws? We would be in an earth made new for Christ would have already returned!

SABBATH

Read first paragraph, “Back in Antioch...” What lessons for us in this? Any evidence that Paul or Barnabas were lost because they had this disagreement and didn't work together anymore? Or just the opposite, they both stayed in good relationship with God?

Is it possible today for people who love and trust God to disagree and not work together? Does that necessarily mean that either one of them is eternally lost?

This is one of the reasons why this ministry never seeks to silence another person, or tell another person they cannot share the message that they believe God has put on their hearts to share, even if we believe they are wrong.

We take the approach of presenting truth in love and leaving others free—the idea that truth becomes self-evident over time, so there is no need to silence people from telling their view.

Sadly, many who take a view different from what we teach don't practice this principle, some believe it is important to try and silence those who they disagree with—why?

The second paragraph points out that the separation of Paul and Barnabas turned out to be a blessing—have any of you experienced that a disagreement with a separation for some reason, later turned out to be a blessing?



SUNDAY

The lesson is about Paul and Timothy. Timothy was half Greek and half Jewish and Paul had Timothy circumcised.

The bottom green section reads, “Think about why Paul circumcised Timothy. What should this teach us about being willing to do certain things that we might not always agree with or deem necessary, but that will serve a greater cause?”

Was circumcising Timothy necessary for Timothy’s salvation?

Was it necessary for Timothy to experience the Holy Spirit?

Was it necessary for Timothy to be a pastor?

Why did Paul do it? What, perhaps, were Paul’s motives?

Didn’t Paul have a very heavy burden on his heart for the Jewish people and perhaps the Jewish leadership, of which he had been a part?

The lesson suggest what Paul did was for the greater good—but could it be in this one area—dealing with the Jews, particularly the leadership—that Paul was overly influenced by his feelings and didn’t actually follow the most helpful course?

Could it be Paul was following his own initiative, and was not be specifically directed by the Holy Spirit to do these things?

Is there another example of Paul doing something that was not necessary but to seem conciliatory to the Jews?

He went through a purification ritual—how did that turn out for Paul?

So I would ask another question—what happens when we compromise our values, our beliefs, (notice I didn’t say the truth) in order not to offend people we care about?

From the book *Acts of the Apostles* we read the following:

As a precautionary measure, **Paul wisely advised Timothy to be circumcised--not that God required it, but in order to remove from the minds of the Jews that which might be an objection to Timothy's ministration.** In his work Paul was to journey from city to city, in many lands, and often he would have opportunity to preach Christ in Jewish synagogues, as well as in other places of assembly. **If it should be known that one of his companions in labor was uncircumcised, his work might be greatly hindered by the prejudice and**



bigotry of the Jews. Everywhere the apostle met determined opposition and severe persecution. He desired to bring to his Jewish brethren, as well as to the Gentiles, a knowledge of the gospel, and therefore he sought, so far as was consistent with the faith, to remove every pretext for opposition. Yet while he conceded this much to Jewish prejudice, he believed and taught circumcision or uncircumcision to be nothing and the gospel of Christ everything. {AA 204.1}

This author thought it was wise on Paul's part to advise Timothy to be circumcised, even though it was not required by God. And we have the history of what transpired in their lives in the aftermath of Timothy being circumcised.

We don't have the history of what would have transpired if Timothy had not been circumcised. It is possible that the circumcision of Timothy was used by the opponents of Paul to fuel more calls for circumcision of converts. It is possible that had Timothy not been circumcised it would have been a powerful object lesson that it wasn't needed. We simply don't know because that is not what happened.

I get emails from time to time from people who were raised to believe that Christians should not wear jewelry—there are a variety of rationales and reasons given from person to person, but they believe it is wrong to wear jewelry. And they will question, why do I wear a wedding ring. Some have suggested, that while it isn't wrong to wear one, it would be wise to not wear one so that I don't offend the people who believe it is wrong to wear one.

What do you think?

My approach is the opposite—while I don't seek to offend anyone, I wear the wedding ring first and foremost because I am married and want people to know it. But, secondarily, in regard to some Christians struggling with the question of jewelry, I want to be a witness that a person can have a saving relationship with Christ and communicate the gospel message while wearing a wedding ring. In other words, reality is demonstrating there is no linkage or connection with wearing a wedding ring and salvation. Hopefully, this will stimulate people to think for themselves and grow in their understanding.

But, I know some have just the opposite position and don't wear a wedding ring because they don't want to confuse others—wonderful. Rom 14:5 let every person be fully persuaded in their own mind—because we are not saved or lost by wedding rings.

MONDAY

Read second paragraph, “Whenever Paul arrived...” Do you think Paul was a scheduled speaker?

So, evidently their culture and meetings allowed for Paul to eventually speak.



Did Paul have an agenda in going to such meetings?

What was Paul's agenda?

Wasn't it to use their Scriptures, rituals, symbolism to reveal the truth about Jesus and God's real plan of salvation?

Do we have similar opportunities today to visit various Sunday schools and Sabbath schools and use the Bible and their lessons to introduce truths designed to lead minds to the larger reality of God's design law and character of love?

But, how was Paul often treated when he did this?

How might we be treated when we do this? Why?

Because if we merely present the truth of God's design law, what does that automatically do in regard to the false view? It exposes it—and if the audience is filled with people who prefer the false view, how will they respond when the truth is presented?

This is the verdict: Light has come into the world, but men loved darkness instead of light because their deeds were evil. ²⁰ Everyone who **does evil hates the light, and will not come into the light for fear that his deeds will be exposed.** John 3:19,20 NIV

Have any of you experienced being attacked for presenting the truth?

Jesus said that one of the reasons people opposed the light of truth is they fear their deeds will be exposed—there is one gentleman who has spent an inordinate amount of time and energy working to misrepresent me and this ministry. He has written blogs, he has spoken in various groups, he has handed out cards all attacking what we teach. And do you know what is primary objection is? He asked me, “Do you believe that when we confess our sins that God erases them from the books of heaven so that in the future there will be no record of our sins?”

Do you see it, he doesn't want the light of truth because he is afraid his deeds will be exposed.

Read third paragraph, “Paul and Silas's answer...” Jump to Friday and question #1, “In the context of the last paragraph...”

What do you think the lesson is suggesting before baptism? When you hear “proper doctrinal” instruction—what are you understanding to be communicated with those words?

Do you understand that the lesson is suggesting that when someone accepts Jesus as their Savior that they are to go through baptismal classes to be indoctrinated into the right doctrines, i.e. fundamental beliefs before they can be baptized?



Do you think the quotation from Friday's lesson is supportive of this idea?

What is the Biblical model?

What is the New Testament model for baptism?

First with John the Baptists baptism—how much preparation did the people who wanted to be baptized receive?

Then later when the Apostles baptized, how much preparation did the baptismal candidates receive?

So, what is being suggested? What is the danger of having no preparation? What is the danger of having too much preparation?

What is the balance?

Is water baptism necessary for salvation?

What baptism is necessary for salvation?

Then what preparation is necessary for the baptism by the Spirit?

Then what is the purpose of the guidance for more preparation before the ceremonial water baptism?

Read bottom green section, "Read Acts 16:31-34..."

They replied, "Believe in the Lord Jesus, and you will be saved—you and your household."³² Then they spoke the word of the Lord to him and to all the others in his house.³³ At that hour of the night the jailer took them and washed their wounds; then immediately he and all his family were baptized.³⁴ The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God—he and his whole family. NIV

First, does it sound like a lot of pre-baptism preparation was done?

Why not?

There was no organization with its codified system of beliefs and behavioral expectations to which the person had to be indoctrinated, educated, and habituated BEFORE they would be permitted to join the group.

So, do we have tension between the Biblical model and the quotation from the EG White in Friday's lesson? No! The authors have a view that is not consistent with Scripture, and they used a partial quote



from EGW to support their view. Let's read a little larger quote and see what you think:

The preparation for baptism is a matter that needs to be carefully considered. The new converts to the truth should be faithfully instructed in the plain "Thus saith the Lord." The Word of the Lord is to be read and explained to them point by point. {Ev 308.1}

All who enter upon the new life should understand, prior to their baptism, **that the Lord requires the undivided affections.** . . . The practicing of the truth is essential. The bearing of fruit testifies to the character of the tree. **A good tree cannot bring forth evil fruit.** The line of demarcation will be plain and distinct between those who love God and keep His commandments and those who love Him not and disregard His precepts. **There is need of a thorough conversion to the truth.**--Manuscript 56, 1900. {Ev 308.2}

There is need of a more thorough preparation on the part of candidates for baptism. They are in need of more faithful instruction than has usually been given them. **The principles of the Christian life should be made plain** to those who have newly come to the truth. **None can depend upon their profession of faith** as proof that they have a saving connection with Christ. **We are not only to say, "I believe," but to practice the truth.** It is by conformity to the will of God in our words, **our deportment, our character,** that we prove our connection with Him. Testimonies, vol. 6, pp. 91, 92. (1900) {Ev 308.4}

What do you hear? Is she suggesting doctrinal instruction to cognitively accept a certain creed or fundamental beliefs, or is she suggesting that a person must be genuinely converted in their heart such that their affections for Christ are supreme and they have experienced baptism of the Holy Spirit such that they have a new heart and right spirit, understanding that they are to live differently, in harmony with God and His design laws i.e. principles? This is exactly what Scripture teaches, that water baptism is done AFTER the heart is converted to Christ and it is not a cognitive indoctrination into a certain religious order, but an intelligent understanding of reality and the God of reality with a heart humbly submitted and willing to live in harmony with our Creator God.

But, when we live under the false law model, we misconstrue what is supposed to happen, and instead substitute a legal checklist of proper doctrines one must attest to before one can be baptized, regardless of whether one's heart is changed.

What is meant by Christ's righteousness covering us?

Here is one commentator's view:

Only the covering which Christ Himself has provided can make us meet to appear in God's presence. This covering, the robe of His own righteousness, Christ will put upon every repenting, believing soul. "I counsel thee," He says, "to buy of Me . . . white raiment, that thou mayest be clothed, and that the shame of thy nakedness do not appear." Revelation 3:18. {COL 311.3}



This robe, woven in the loom of heaven, has in it not one thread of human devising. **Christ in His humanity wrought out a perfect character, and this character He offers to impart to us.** "... **When we submit ourselves to Christ, the heart is united with His heart, the will is merged in His will, the mind becomes one with His mind, the thoughts are brought into captivity to Him; we live His life. This is what it means to be clothed with the garment of His righteousness.** Then as the Lord looks upon us He sees, not the fig-leaf garment, not the nakedness and deformity of sin, but His own robe of righteousness, which is perfect obedience to the law of Jehovah. {COL 311.4}

What does it mean to be covered by the robe of Christ's righteousness?

Is this a legal event or a transformational event?

What law system is this occurring under or through? Design law, actually restoring the heart, mind, character of the sinner back to God's design.

Do we see again why the penal/legal model is so **effective at obstructing the work of the Holy Spirit and delaying the final work and the second coming of Christ?**

TUESDAY

The lesson contrast two groups of listeners—those in Thessalonica and Berea—what is the highlighted difference between the two?

Those in Thessalonica didn't like what they heard and rioted in order to silence and stop what Paul was teaching. Those in Berea studied out what they heard comparing it to evidence and coming to their own conclusion.

Which method do you prefer and why?

Do you see these methods used in society today to greater or lesser degrees? For instance, it isn't always a full riot, instead some people will incite an emotional sense of outrage or fear or intolerance that shuts down thinking or inquiry and shout down those with opposing views, or get people to be afraid to hear an opposing view.

And sometimes we still see full riots in society when ideas we disagree with are presented.

What does it say about a person or group who would refuse to evaluate evidence and instead participate in hysterical or emotional protests to silence those with whom they disagree?

Which groups are more likely to get emotional and start hysterical outcries to silence those with whom they disagree?



Extreme groups whose positions do not rest on facts, truth or evidence—thus extreme left and extreme right groups do this.

Why is it that we don't need to do this?

I read the follow quote many years ago and it became a guideline in how I developed my thinking and approach to questions.

There is no excuse for any one in **taking the position that there is no more truth to be revealed, and that all our expositions of Scripture are without an error.** The fact that certain doctrines have been held as truth for many years by our people, is not a proof that our ideas are infallible. **Age will not make error into truth, and truth can afford to be fair. No true doctrine will lose anything by close investigation.** We are living in perilous times, and it does not become us to accept everything claimed to be truth without examining it thoroughly; neither can we afford to reject anything that bears the fruits of the Spirit of God; but we should be teachable, meek and lowly of heart. There are those who oppose everything that is not in accordance with their own ideas, and by so doing they endanger their eternal interest as verily as did the Jewish nation in their rejection of Christ. The Lord designs that our opinions shall be put to the test, that we may see the necessity of closely examining the living oracles to see whether or not we are in the faith. Many who claim to believe the truth have settled down at their ease, saying, "I am rich, and increased with goods, and have need of nothing." But Jesus says to these self-complacent ones, Thou "knowest not that thou art wretched, and miserable, and poor, and blind, and naked." Let us individually inquire, Do these words describe my case? If so, the True Witness counsels us, saying, "Buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, that the shame of thy nakedness do not appear; and anoint thine eyes with eye-salve, that thou mayest see." {RH, December 20, 1892 par. 1}

WEDNESDAY

What method did Paul use in Athens?

Did Paul quote the Bible to the Athenians? Why not?

What did Paul use as evidence of his position? He quoted a pagan poet and also used their own monument to an unknown god to open an opportunity to speak about the true God.

The lesson asks, "What should this teach us about how we can use different methods to reach different people?"

- What might be a way to speak to a person who says they don't believe in God?
- How might you approach a Jewish person about Jesus?
- What might you say to a Buddhist or Hindu?



THURSDAY

The lesson discusses Paul's stay in Corinth—what is noteworthy?

Did Paul have an easy time or was he opposed?

And who was against him? Why were the Jews so insistent on attacking Paul?



ANNOUNCEMENTS:

Check our website for new chapters of *The Remedy* the Psalms will be going up slowly as they are completed and edited. When an entire book of the Old Testament is complete then it will be added to the app and when you update the app you will get the new book. Thank you for your prayers and support as I work on this project.

Each Tuesday watch *The Dr. Tim Jennings Show* on WBTN.TV Network. Go to TimJenningsMD.com for more info.

New Video Blogs—If you don't follow us on Facebook, then be sure to visit our website we are posting new blogs again, the go up every Thursday.

September 14,15, 2018: Dr. Jennings will be Keynote Speaker at Crossroads Community Church in Georgetown, Delaware.

September 27-29, 2018: Dr. Jennings will be speaking at the Mega National Conference of the American Association of Christian Counselors in Dallas, TX

September 30-Oct 2, 2018: Dr. Jennings will be speaking at NAD of SDA Mental Health Education retreat for pastors at Kettering, OH.

October 19, 20, 2018: Dr. Jennings will be doing a seminar at Camelback SDA church, in Phoenix, AZ.

November 9,10 2018: Dr. Jennings will be doing two presentations at Houston, TX, in conjunction with the AACC

December 1, 2018: Dr. Jennings will be doing an Aging Brain seminar in Dallas, TX. Organized by the Arlington SDA church.

January 4-6, 2019: Dr. Jennings will be speaking for the Florida Conference of SDA Women's Convention in Orlando, FL.

February 2-3, 2019: Dr. Jennings will be speaking Christ's Church of Oronogo, MO.

In partnership with Come and Reason Ministries and Hixson United Methodist Church
Mental Health Matters *Community Gatherings for Help, Hope and Healing*

Fix for Failing Families Thursday, September 13, 2018

Families are under attack, more than 50% of marriages end in divorce, in the U.S. almost 900,000 children are victims of abuse each year, and 77% of childhood deaths are caused by one or both parents. Discover principles and practice to bring healing to your family.

The Science of Belief Thursday, October 12, 2018

In this seminar we will examine the science of belief and demonstrate how modern quantum understanding provides a scientific basis for the impact belief, including prayer, has on our physical health and can even impact the physical world around us.

Guilt Resolution Thursday, November 8, 2018

Do you struggle with guilt? Discover the difference between legitimate and illegitimate guilt and how to resolve each and how to prevent people from manipulating you with guilt.

The God-Shaped Brain Thursday, December 13, 2018

Our brains are in a constant state of flux. Moment by moment new connections are forming, idle tracks are being pruned back and brain circuits are changing. Discover how our beliefs change our brain wiring, our physical health, and even



which genes are turned on or turned off. Do your beliefs matter – more than you ever knew!