



## The Book of Acts Lesson 1 3Q 2018 You Will Be My Witnesses

presenter: Tim Jennings (announcements at end)

I am so humbled to realize how God works in our lives. When I was in my residency I had a patient who motivated me to research Biblical principles for healing the mind, and she is described in the opening of *Could It Be This Simple? A Biblical Model for Healing the Mind*. I wrote the primer paper that became the book when I was in my residency and the book was initially published in 2007. As you know our ministry has been distributing this book since our founding in 2010.

Last week I was at Folsom Women's Prison in California conducting an all-day seminar for the inmates there. Susan and Rich Kollenberg have been doing prison ministries for years using *Could It Be This Simple?* and with our permission they have just created a *Could It Be This Simple?* Prison Ministries Work Book. They, along with the prison officials, have found that those who take their course have reductions in behavior problems and recidivism.

The lectures last week were recorded and we are creating a new DVD set to go along with the new workbook, and will make these available at no cost to prisons and prison ministries around the country.

The new DVD set will include the following four lectures:

- The Mind God's Design and What Went Wrong
- Recovering from Sexual Abuse
- Healthy Love versus Love Addiction
- Guilt Resolution

A few days before the seminar at Folsom I received the following email:

*I am a doctoral student at the University of the Cumberlands in Williamsburg, Kentucky and an LPCC in private practice in London, Kentucky. As a part of my practice, I have a contract to provide mental health services to the Laurel County Correctional facility that currently houses on average 576 male and female inmates. I do individual counseling and I lead small groups. Currently I have five groups going through your book *Could It Be This Simple?* Additionally, I have been using this book in my private practice for over six years with amazing results.*

*At the jail I also use the Adverse Childhood Experience Measurement and have been keeping stats on the results. Ninety-three percent of all the inmates who have taken this assessment have had a score >4. The majority of them have also had multiple incarcerations which continue to add to the national recidivism dilemma. I am finding that as I use your book in small groups with the inmates, their minds and hearts are changing. I know this because their symptoms of anxiety, depression, and suicidal thoughts are improving. I know this because their behaviors in their cell environments are improving. I know this because many*



*are making decisions to pursue a relationship with Christ. I know this because their self-esteem and ability to forgive themselves is improving... I believe that many of these adults are suffering from childhood trauma that has gone untreated, and if left untreated will only continue to result in life long incarcerations. I am requesting your permission to use your book for this research project, as well as any guidance and leadership that you might have time to offer...*

*I first met you at AACC and I have always made sure to take any class you have taught at the conferences. There is rarely a day that goes by that I am not drawing on my white board the model on page 41 for a client, and just so you know, I began living the model myself a few years back and it has changed my life. I know you are busy, but I sure hope you may be able to help with this in some way. I believe with the right research, especially in the prison system, your book could become the one evidence-based treatment that could make all the difference for these inmates.*

*Could It Be This Simple?* is now available in:

- English
- Spanish
- Portuguese
- German
- Bulgarian
- Soon to be released in Polish
- Prison Ministries Workbook

And in the last two weeks I received this email:

*I first learned about Come and Reason Ministries in 2015. It was during my year of EM fellowship in Memphis, TN. I had decided for some reason to go to the GC session that year. While there, I visited a number of booths and as I passed the CRM booth, a bag with free dvds was given to me. At the time, I wasnt terribly interested in the booth itself and dont even remember who the person was who handed me that bag. The DVDs lay unopened in my apartment for months. Finally, one day when I was bored (I was alone and far from family and had no cable tv to watch or radio to listen to), I finally picked up one of the dvds and decided to play it...I had nothing else to do that day. As I listened, I think my mouth dropped open a number of times. I learned things I had never heard before. I began to realize that there just might be something wrong with how I viewed God and a number of things in my experience. I had grown up SDA and remember frequently feeling guilty, sad, and maybe afraid as well, especially when I did something wrong, which invariably would happen. Over the past few years, I have listened to those 3 seminars a few times, found your website, and have begun listening to the Bible study every week...sometimes replaying it several times to try to understand points that I hadn't thought of before. I am SO GRATEFUL that God led me to that booth that day and for those DVDs which have set me on a course to learn and*



*grow closer to this God, my Father, my Abba, that I am growing to love more and more now. My mother listens to these studies with me and whenever I have an opportunity, at work or at church, I try to refer people to this website to find out for themselves. At church, I at times have the opportunity to speak for the sermon and will try to bring in some of these concepts before the small church I attend in Maryland. The purpose of this email is to express my extreme gratitude for this ministry and to encourage those working in this ministry to keep spreading the truth far and wide. If there is anything I can do to help further this message, I would love to do so.*

We want to thank all of you who support this ministry—it is because of your volunteering, sharing resources, prayers, encouragement, donations, that we are able to create such materials and reach people with this life-changing message.

### **The Book of Acts**

In the introduction to the study guide it points out that the book of Acts and Luke were written by Luke, which constitutes 27% of the NT, more than any other New Testament writer—and Luke was a physician who was not Jewish and not one of the 12 Apostles.

What does this fact reveal? That the Holy Spirit is not restricted by race, or academic degree, or organizational affiliation, or theological training of the person. What is it that does restrict the Holy Spirit? The hardness of human hearts, which means what? Two aspects, selfishness and a lack of tenderness toward the truth—in other words, when there is no openness for new truth to change old ideas. As Jesus said you can't put new wine in old wineskins.

But, for people who have tender hearts, who love others and love to grow in the truth the Holy Spirit is not restricted, but poured out and those people grow, advance, are transformed and become God's witnesses or lights in the world.

### **SABBATH**

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Read memory text: “You will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” Acts 1:8

What power would they receive? The power:

- To heal people?
- To speak other languages?
- To resist viper bites?
- To understand and speak the truth?
- To love their enemies?
- To overcome temptations to be selfish?
- To lose self-control or to acquire self-control?



Which of these can be counterfeited by false spirits?

What type of power is the type of power that is subject to counterfeit? Is it not the power of might, of physical things, of miracles and signs? Such as:

- A serpent speaks
- Magicians turn staffs into serpents
- An angel of light appears to Christ
- Satan transports Christ to the pinnacle of the temple

Are signs, wonders, miracles the types of evidence we should rely upon to differentiate the work of God from the work of Satan?

What is necessary in order to perform a miracle? What does one need, what type of power? Some physical power over the elements, materials, or organisms involved. Has Satan, by his deception of Adam, gained access to the physical world? Is there any evidence in Scripture that Satan can manipulate nature? Book of Job...

So, miracles are based on physical power.

Is the question between good and evil who has the most physical power?

Or is it, how one wields physical power? I found this comment in the book *Acts of the Apostles*, which is a commentary on the book of Acts.

"Whereunto," asked Christ, "shall we liken the kingdom of God? or with what comparison shall we compare it?" Mark 4:30. He could not employ the kingdoms of the world as a similitude. In society He found nothing with which to compare it. **Earthly kingdoms rule by the ascendancy of physical power; but from Christ's kingdom every carnal weapon, every instrument of coercion, is banished.** This kingdom is to uplift and ennoble humanity. **God's church is the court of holy life, filled with varied gifts and endowed with the Holy Spirit.** The members are to **find their happiness in the happiness of those whom they help and bless.** {AA 12.2}

Do you agree?

Then, what is the power of the Holy Spirit that is the hallmark of God's presence and activity, that is always necessary in order for God's kingdom to move forward?

After the descent of the Holy Spirit, **the disciples were so filled with love for Him and for those for whom He died**, that hearts were melted by the words they spoke and the prayers they offered. **They spoke in the power of the Spirit;** and under the influence of that power, thousands were converted. {AA 22.2}



What was the power that filled the disciples? The power of love, which was combined with the truth that they spoke.

This is the power of the Spirit of truth and love.

Can Satan wield truth, pure, unadulterated combined with pure godly love?

What about the presentation of some truth divorced from love? Can those who are not on Christ's side present a truth, but have it divorced from love and thereby misrepresent God?

- What about the truth that Jesus is our Savior—is that true? Can it be presented without love, such that if people refuse to accept Jesus some might torture and kill those who refuse to accept Him?

While I don't know of any Christians today who would actually kill people who refuse to accept Jesus, can we find this same motive manifested in other ways?

- Christian who abuse their family members because they break some religious rule?
- Church organizations that enforce some rule to the loss of individual members?
- Enforced creeds or belief systems?

What do you think of these comments from a book called *Gospel Worker*?

A great and solemn truth has been intrusted to us, for which we are responsible. **Too often this truth is presented in cold theory.** Sermon after sermon upon doctrinal points is delivered to people who come and go, some of whom will never have another as favorable opportunity of being convicted and converted to Christ... **A theory of the truth without vital godliness cannot remove the moral darkness which envelops the soul.** {GW92 39.2}

**Most precious gems of truth are often rendered powerless by the wisdom of words in which they are clothed, while the power of the Spirit of God is lacking.** Christ presented the truth in its simplicity; and he reached not only the most elevated, but the lowliest men of earth. The minister who is God's ambassador and Christ's representative on the earth, who humbles himself that God may be exalted, will possess the genuine quality of eloquence. True piety, a close connection with God, and a daily, living experience in the knowledge of Christ, will make eloquent even the stammering tongue. {GW92 39.3}

Is it enough to have the right definitions of doctrines? Why not?

Did those who crucified Christ have the wrong Sabbath, the wrong diet, the wrong Sanctuary service, the wrong Commandments, the wrong Scriptures—what did they not have? Love!

What about the Good Samaritan? What did he have?

As we prepare for the coming of Christ, what is most important that we possess—a correct knowledge of the right doctrines, or a Christlike character?

Can a person have a Christlike character and not believe the doctrine of the Trinity, or baptism by immersion, or footwashing, or communion ceremony, or which day is the Sabbath?

Consider this quote:

**The five foolish virgins had lamps (this means a knowledge of Scripture truth), but they had not the grace of Christ.** Day by day they went through a round of ceremonies and external duties, but their **service was lifeless, devoid of the righteousness of Christ.** The Sun of Righteousness did not shine in their hearts and minds, and **they had not the love of the truth which conforms to the life and character,** the image and superscription, of Christ. The oil of grace was not mingled with their endeavors. **Their religion was a dry husk** without the true kernel. **They held fast to forms of doctrines, but they were deceived in their Christian life,** full of self-righteousness, and failing to learn lessons in the school of Christ, which, if practiced, would have made them wise unto salvation.-- Review and Herald, March 27, 1894.

Is it enough to have the truth?

What about love divorced from truth?

One **cannot** have love divorced from the *love* OF truth, but one can have love divorced from the awareness of truth. The person who genuinely loves, loves the truth and loves to grow in and advance in the truth yet such a one may not comprehend, know, understand, realize, appreciate or be aware of various truths, but when they do become aware of new truth they embrace and assimilate the truth and grow in it.

Thus, a loving character is a more accurate barometer of whether a person is a genuine follower of Christ than the doctrines they hold!

Evidence for this:

- “A new command I give you: Love one another. As I have loved you, so you must love one another. <sup>35</sup> By this all men will know that you are my disciples, if you love one another.”  
John 13:34,35
- “Then the King will say to those on his right, ‘Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. <sup>35</sup> For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, <sup>36</sup> I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.’  
<sup>37</sup> “Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or



thirsty and give you something to drink? <sup>38</sup> When did we see you a stranger and invite you in, or needing clothes and clothe you? <sup>39</sup> When did we see you sick or in prison and go to visit you?’

<sup>40</sup> “The King will reply, ‘I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.’ Mt 25:34-40

Do you agree that a loving character is more important than the correct doctrines, and that one can have correct doctrines without a loving character and thus crucify the Savior?

What is the most important requirement in your church organization to hold office—is it character or correct doctrine? Does that risk anything?

Read first paragraph, “Jesus’ mission on earth...” When Jesus’ mission on earth was finished, was Jesus’ mission to save humanity and eliminate sin from the universe finished?

Was the atonement complete at the Cross?

One of the big arguments in Christianity is whether the atonement was complete at the cross or not.

The confusion is rooted in, as almost all the confusion is, the view of law one holds. If one holds the idea that God’s law functions like human law, then the sin problem is a legal one that needs legal a solution and the atonement is viewed in some legal aspect.

When one realizes God’s law is design law and that sin is a problem of the actual condition of the sinner, then one realizes atonement is providing what is necessary to remove sin from the sinner and restore the sinner to God’s perfection—i.e. back to at-one-ment with God.

In the legal model, Martin Luther, developed the idea of penal substitution because he wanted to eliminate the doctrine of purgatory. Purgatory was idea that sins can be purged after death to make people fit for heaven, which gave the church coercive power over people as it was taught the church held the keys to heaven and hell. People could pay money or do other things to get their loved ones moved from purgatory to heaven.

To eliminate this power from the church Martin Luther taught that all sins, from all people, from all time, past, present, future, were placed on Christ at the Cross and legally punished by God there, and thus no further need for punishment, or purging of sin was necessary. In this view, it was all complete at the cross.

The problem of course is that this entire construct is based on a lie, a false diagnosis, that the sin problem is legal, based on law that functions like human law and thus requires punishment. That is Satan’s view and it is pagan.

The truth is that God’s law is design law and when mankind sinned, the condition of humankind was



changed to be out of harmony with God and God's design (law) for life. Thus, God, "made him who knew no sin to become sin for us so that we might become the righteousness of God." This is substitution, but notice, not for penal reasons, for restoring us to actual righteousness reasons.

Thus, in this view we understand that the perfect and complete REMEDY for sin was procured by Christ at the Cross, but that Remedy still needs to be applied into individual believers for their healing and restoration.

Thus, the species human was saved in the person (humanity) of Jesus, and the species was perfected by Jesus in His own assumed humanity, but for each individual sinner we must receive, partake, of Jesus in order to be transformed or healed. This is the application phase of the atonement, which was not complete at the Cross.

What do you think of this quote?

In describing to His disciples the office work of the Holy Spirit, Jesus sought to inspire them with the joy and hope that inspired His own heart. He rejoiced because of the abundant help He had provided for His church. The Holy Spirit was the highest of all gifts that He could solicit from His Father for the exaltation of His people. **The Spirit was to be given as a regenerating agent, and without this the sacrifice of Christ would have been of no avail.** The power of evil had been strengthening for centuries, and the submission of men to this satanic captivity was amazing. **Sin could be resisted and overcome only through the mighty agency of the Third Person of the Godhead, who would come with no modified energy, but in the fullness of divine power. It is the Spirit that makes effectual what has been wrought out by the world's Redeemer. It is by the Spirit that the heart is made pure. Through the Spirit the believer becomes a partaker of the divine nature.** Christ has given His Spirit as a divine power to overcome all hereditary and cultivated tendencies to evil, and to impress His own character upon His church. {DA 671.2}

Do you agree or disagree with this position?

Do you see how the design law view brings perfect harmony and understanding to the atonement question resolving all the apparent contradictions that persist within Christianity because of the false legal model?

It is true that the efforts of the Apostles were accompanied by many miracles, does that mean when we see miracles we can know with 100% certainty that we are seeing the work of God?

What is it that is the best evidence that God's Spirit is at work? Transformation to Christlike character, which means Christlike methods are being practiced.

So, what would a Christlike approach be to a group of Christians who wanted to come to a city and have a free medical clinic for the indigent on Saturday?



What would be revealed if a group of potential sponsors told the volunteer healthcare workers that they should not hold a free clinic for the poor on Saturday because Saturday is the Sabbath and if they won't change it to another day the sponsors will pull their funds?

Consider this description:

**Jesus had come to "magnify the law, and make it honorable." He was not to lessen its dignity, but to exalt it... He had come to free the Sabbath from those burdensome requirements that had made it a curse instead of a blessing. {DA 206.1}**

**For this reason He had chosen the Sabbath upon which to perform the act of healing at Bethesda. He could have healed the sick man as well on any other day of the week; or He might simply have cured him, without bidding him bear away his bed. But this would not have given Him the opportunity He desired. A wise purpose underlay every act of Christ's life on earth. Everything He did was important in itself and in its teaching. Among the afflicted ones at the pool He selected the worst case upon whom to exercise His healing power, and bade the man carry his bed through the city in order to publish the great work that had been wrought upon him. This would raise the question of what it was lawful to do on the Sabbath, and would open the way for Him to denounce the restrictions of the Jews in regard to the Lord's day, and to declare their traditions void. {DA 206.2}**

**Jesus stated to them that the work of relieving the afflicted was in harmony with the Sabbath law. It was in harmony with the work of God's angels, who are ever descending and ascending between heaven and earth to minister to suffering humanity. Jesus declared, "My Father worketh hitherto, and I work." All days are God's, in which to carry out His plans for the human race. If the Jews' interpretation of the law was correct, then Jehovah was at fault, whose work has quickened and upheld every living thing since first He laid the foundations of the earth; then He who pronounced His work good, and instituted the Sabbath to commemorate its completion, must put a period to His labor, and stop the never-ending routine of the universe. {DA 206.3}**

**Should God forbid the sun to perform its office upon the Sabbath, cut off its genial rays from warming the earth and nourishing vegetation? Must the system of worlds stand still through that holy day? Should He command the brooks to stay from watering the fields and forests, and bid the waves of the sea still their ceaseless ebbing and flowing? Must the wheat and corn stop growing, and the ripening cluster defer its purple bloom? Must the trees and flowers put forth no bud nor blossom on the Sabbath? [Notice all of these are design laws, as are the laws of health, and so is the Sabbath, thus activity moving people into harmony with God's design is always lawful on the Sabbath. But the imposed law view, makes rules that undermine the design laws of God and injures and harms people] {DA 206.4}**

In such a case, men would miss the fruits of the earth, and the blessings that make life



desirable. Nature must continue her unvarying course. God could not for a moment stay His hand, or man would faint and die. **And man also has a work to perform on this day. The necessities of life must be attended to, the sick must be cared for, the wants of the needy must be supplied. He will not be held guiltless who neglects to relieve suffering on the Sabbath.** God's holy rest day was made for man, **and acts of mercy are in perfect harmony with its intent.** God does not desire His creatures to suffer an hour's pain that may be relieved upon the Sabbath or any other day. {DA 207.1}

But what about hiring someone to do work for you on Sabbath? Well this is an interesting note from E.G. White one of the founders of the SDA church:

Yesterday (Sabbath) morning, Willie spoke to the church in Ashfield. **At 3 p.m. we hired a horse and carriage** to take me to Newtown, four miles from Ashfield. We met in a small hall upstairs where a goodly number were assembled. I spoke to them on the prayer of Daniel, his contrition of soul, and his deep sorrow as he witnessed the desolation of Jerusalem. {18MR 14.2}

The legal minded, imposed law view, has difficulty with such activity. The design law view realizes there is no problem at all because it is all about spreading God's healing remedy and the Sabbath was created for man, not man for the Sabbath.

Why was it the Spirit wasn't poured out until Christ physically left the earth? Wasn't the Holy Spirit working on hearts and minds throughout human history?

How does the Holy Spirit work—truth and love. Does the Holy Spirit force His way into hearts? So for the Holy Spirit to have more power on earth, i.e. to do more in humanity, the Holy Spirit needs more access to human hearts, yes or no?

Is there a connection between Christ returning to heaven and the Holy Spirit gaining more access to human hearts?

What would have happened, in the hearts, minds of humans, if Christ stayed physically on earth? Would people be opening their minds and hearts for God to indwell, or would they be seeking a personal audience with Jesus?

## SUNDAY

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Read third paragraph, "At first, the disciples..." What caused the disciples bickering?

What caused their confusion and discouragement?

Do we have certain expectations that if they fail to transpire will result in our confusion and discouragement? Or do we have a perspective keeps us grounded?



For instance:

- What happens if the time of trouble comes and there is no secret rapture beforehand, will those who have expected a secret rapture be okay?
- What happens if there is a secret rapture, will those who didn't expect one be okay?
- What about those who expect Israel to become central and a physical battle to take place in Palestine and it doesn't happen?
- What about those who don't expect Israel to be central and it does?
- What about those who expect Sunday laws to be passed worldwide, but it doesn't happen?
- What about those who don't expect Sunday laws, but it does happen?

Could our expectations set us up for confusion?

Could some expectations actually set us up to side with Satan instead of Christ?

- What about those who expect Jesus to come back to punish the wicked—what is going to happen?
- Who does the Bible describe as using methods of coercion?

Do we have expectations that could make it hard for us?

How do we protect ourselves?

- By not locking into a specific sequence, but instead locking into God's design laws and principles
- God will never violate His design laws of love and liberty!

The lesson asks in the bottom green section “Why is it easy to believe what we want to believe, as opposed to what the Bible really teaches? How can we avoid this trap?”

- Because we have been indoctrinated into certain beliefs rather than learning how to think and discern reality for ourselves
- Because we have been taught to take the Bible alone, divorced from God's other books—nature and experience. When we harmonize all three then many of the distortions and false ideas are removed.
  - **The great storehouse of truth is the word of God—the written word, the book of nature, and the book of experience in God's dealing with human life.** Here are the treasures from which Christ's workers are to draw. In the search after truth they are to depend upon God, not upon human intelligences, the great men whose wisdom is foolishness with God. Through His own appointed channels the Lord will impart a knowledge of Himself to every seeker. – {COL 125.2}
  - **Jesus followed the divine plan of education.** The schools of His time, with their magnifying of things small and their belittling of things great, He did not seek. **His education was gained directly from the Heaven-appointed sources; from useful work, from the study of the Scriptures and of nature, and from the experiences**



**of life--God's lesson books**, full of instruction to all who bring to them the willing hand, the seeing eye, and the understanding heart. {Ed 77.2}

- Because we have read the Bible through the wrong law lens, falsely believing God's laws works like human laws, imposed rules!
- Because we have viewed God the Father and Jesus as different in character
- Others?

How do we avoid the trap?

- Think for yourself, develop by practice the ability to discern right from wrong
- Use the Integrative Evidence-Based approach
- Reject imposed law and view through design law
- Realize Jesus and the Father are one!

## MONDAY

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What was the mission Jesus assigned to the Apostles?

How did they approach it? What methods did they use?

How well did they do?

What happened to their work?

Did their methods get replaced with different methods?

Don't let anyone deceive you in any way, for that day will not come until the rebellion occurs and the man of lawlessness is revealed, the man doomed to destruction. <sup>4</sup> He will oppose and will exalt himself over everything that is called God or is worshiped, so that he sets himself up in God's temple, proclaiming himself to be God. 2Thes 2:3,4

What is being described? Did the methods of God get replaced with different methods?

What methods do the majority of the Christians churches teach today?

The bottom paragraph tells that Jesus spent 40 days with his disciples after his resurrection—if you were there during those 40 days what questions would you have asked Jesus?

## TUESDAY

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Do you believe Jesus will come again?

Upon what do you base this belief?



Why do you think He has not come?

Is there anything we can do to hasten the day of His return?

## THURSDAY

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How did they pick the twelfth apostle? What do you think of this method?

Why was it not a problem? Who were the two from whom they were selecting?

What qualifications were necessary to be in the selection process?

How do we select leaders today?

What qualifications do we require in church leaders today?

Do we require leaders reach at least level five development or, do we allow level four leaders to dominate our organizations?

Read bottom green section, "If someone were..."

## FRIDAY

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Read second paragraph:

**"The Saviour's commission to the disciples included all the believers. It includes all believers in Christ to the end of time. [Would this be only men or women too?] It is a fatal mistake to suppose that the work of saving souls depends alone on the ordained minister. All to whom the heavenly inspiration has come are put in trust with the gospel. All who receive the life of Christ are ordained to work for the salvation of their fellow men. For this work the church was established, and all who take upon themselves its sacred vows are thereby pledged to be co-workers with Christ." {DA 822.2}**

Does this mean all, men AND women, who receive Christ are ordained gospel ministers?

Read and discuss questions

## ANNOUNCEMENTS:

**Watch Each Tuesday our new TV Program—The Dr. Tim Jennings Show on WBTN.TV Network.** Go to [TimJenningsMD.com](http://TimJenningsMD.com) for more info.

**New Video Blogs**—If you don't follow us on Facebook, then be sure to visit our website we are posting new blogs again, the go up every Thursday.

**September 14,15, 2018:** Dr. Jennings will be Keynote Speaker at Crossroads Community Church in Georgetown, Delaware.

**September 27-29, 2018:** Dr. Jennings will be speaking at the Mega National Conference of the American Association of Christian Counselors in Dallas, TX

**September 30-Oct 2, 2018:** Dr. Jennings will be speaking at NAD of SDA Mental Health Education retreat for pastors at Kettering, OH.

**October 20, 2018:** Dr. Jennings will be doing a seminar at Camelback SDA church, in Phoenix, AZ.

**November 9,10 2018:** Dr. Jennings will be doing two presentations at Houston, TX, in conjunction with the AACC

*In partnership with Come and Reason Ministries and Hixson United Methodist Church*  
**Mental Health Matters** *Community Gatherings for Help, Hope and Healing*

### **The Aging Brain Thursday, August 13, 2018**

What happens to the brain as we age? This presentation will examine the evidence-based lifestyle and non-pharmacological interventions which will protect your brain and diminish your risk of dementia.

### **Fix for Failing Families Thursday, September 13, 2018**

Families are under attack, more than 50% of marriages end in divorce, in the U.S. almost 900,000 children are victims of abuse each year, and 77% of childhood deaths are caused by one or both parents. Discover principles and practice to bring healing to your family.

### **The Science of Belief Thursday, October 12, 2018**

In this seminar we will examine the science of belief and demonstrate how modern quantum understanding provides a scientific basis for the impact belief, including prayer, has on our physical health and can even impact the physical world around us.

### **Guilt Resolution Thursday, November 8, 2018**

Do you struggle with guilt? Discover the difference between legitimate and illegitimate guilt and how to resolve each and how to prevent people from manipulating you with guilt.

### **The God-Shaped Brain Thursday, December 13, 2018**

Our brains are in a constant state of flux. Moment by moment new connections are forming, idle tracks are being pruned back and brain circuits are changing. Discover how our beliefs change our brain wiring, our physical health, and even which genes are turned on or turned off. Do your beliefs matter – more than you ever knew!