

# Stewardship Motives of the Heart Lesson 13 1Q 2018 The Results of Stewardship presented by: Dr. Jennings (annotation)

presented by: Dr. Jennings (announcements at end)

## **SABBATH**

Read first paragraph, "As stewards, we should live as..." The next paragraph states "Our story, then, is not to be isolated from the world around us."

Does our story change based on the version of the God we worship?

What god do the people at the Westboro Baptist Church of Kansas reveal?

What about the person who shoots an abortion doctor in the name of Jesus?

What about people who, in the name of Jesus, refuse to get their children medical care?

What about people who, in the name of Jesus, claim that God punishes cities with hurricanes for electing a lesbian mayor?

What about Christians who seek to get certain senators, governors, presidents, judges elected or appointed in order to legislate their moral view onto others?

A study done a few years ago found no difference in the ethical behavior of Christian believers and nonbelievers. Further, the study found that participants who saw God as compassionate were more likely to cheat than those who believed in an angry, punitive God.

The secularists use studies like this to warn against the fallacy of religion, but what is actually revealed in this study?

That Christianity is infected with the false law concept. When you believe sin is a legal problem, that it doesn't actually harm you it just gets you in legal trouble. First, such theories have no power to change lives and thus people will live no differently than the non-believing world, which is exactly what is demonstrated. But secondly, having accepted the false imposed legal view, if you believe God is harsh, you fear getting punished so you are more likely to conform your behavior. But, in that setting if you believe God is benevolent and won't inflict punishment, then there isn't anything wrong with sin, because God will pardon you for it and thus people are more likely to cheat.

This all changes when people realize God's law is design law and breaking it injures and damages them.

I have seen this in adolescents who believed the only problem with doing drugs was that they are illegal and as long as they don't get caught then doing drugs is okay. But when I show them brain



images documenting the damaging impact on their brain, regardless of whether they are caught or not, suddenly many didn't want to do them any more.

We must bring people back to worship our Creator God and rid people of this false legal view that dominates Christianity.

Finish reading second paragraph, "Our story, then..." How are we to live differently than the world?

- No pants or cosmetics or jewelry for women?
- Perhaps no bright colors in our clothing?
- Maybe wearing a special hat or full body covering?
- Perhaps a uniform that declares us a Christian?

How are we to live differently than the world?

- Love our enemies?
- Forgive those who wrong us?
- Live to give in order to bless others?

Is the difference between the follower of Christ and the non-follower primarily external—is that the difference, or is it internal?

Are Christians to have a different internal value, priorities, and focus? Are Christians to practice different methods to achieve their goals?

What are the methods of the world?

- Force, coercion, intimidation
- manipulation
- lies, deceit
- criticism, abuse
- behind the scenes attacks
- politics, making deal, compromise
- using the power of the state to accomplish goals

What are the methods of God?

- truth
- love
- freedom
- kindness
- giving
- patience
- healthy boundaries

If a person calls themself a Christian but uses the methods of the world are they really a Christian?

In other words, can you be Christlike while practicing Satan's methods—even if it is for a good goal?

If you believe homosexual marriage is wrong—can you be Christ-like by seeking to get laws passed to oppose it? Or, do such methods put into practice Satan's characteristics—coercion and force and thus such actions are not like Jesus—not Christian?

## **SUNDAY**

Read first paragraph, "Godliness is a vast topic..." What does godliness look like?

Does godliness require one to believe in God?

The Chernobyl explosion is one of the most harrowing examples in history of the danger nuclear power can pose if it isn't kept in check. But the disaster itself could have been much, much worse if it wasn't for the actions of three men.

The situation was as follows: a chamber housing a huge piece of radioactive carbon was in danger of melting right through the floor into a pool of water. If that had happened, it would have caused a massive steam explosion which in turn would have forced thousands of tons of radioactive material into the air.

It was quickly decided that someone needed to drain the pool, in order to save the lives of potentially millions of human beings. Three men volunteered for the task. Alexei Ananenko, Valeri Bezpalov and Boris Baranov all selflessly opted to leap into the water to open the valve. They later succumbed to the massive doses of radiation they had received while saving the lives of their countrymen. <a href="https://listverse.com/2013/04/04/10-more-inspiring-tales-of-self-sacrifice/">https://listverse.com/2013/04/04/10-more-inspiring-tales-of-self-sacrifice/</a>

Do you see godlikeness in their behavior? "Greater love has no man than he lay his life down for a friend."

Is it natural to the sinful human heart to sacrifice self for others? Can a sinner, separated from the Spirit of God, act in other-centered love?

If we see someone act in love then, isn't it evidence of the Spirit of God working in them?

I read the following from the book *Prophets and Kings* this morning:

Among all nations, kindreds, and tongues, He [God] sees men and women who are praying for light and knowledge. Their souls are unsatisfied; long have they fed on ashes. See Isaiah



44:20. The enemy of all righteousness has turned them aside, and they grope as blind men. But they are honest in heart and desire to learn a better way. Although in the depths of heathenism, with no knowledge of the written law of God nor of His Son Jesus, they have revealed in manifold ways the working of a divine power on mind and character. {PK 376.2}

At times those who have no knowledge of God aside from that which they have received under the operations of divine grace have been kind to His servants, protecting them at the risk of their own lives. The Holy Spirit is implanting the grace of Christ in the heart of many a noble seeker after truth, quickening his sympathies contrary to his nature, contrary to his former education. The "Light, which lighteth every man that cometh into the world" (John 1:9), is shining in his soul; and this Light, if heeded, will guide his feet to the kingdom of God. The prophet Micah said: "When I sit in darkness, the Lord shall be a light unto me. . . . He will bring me forth to the light, and I shall behold His righteousness." Micah 7:8, 9. {PK 376.3}

What is more godly, the agnostic who jumps into radiation poisoned waters to save others, or the professed Christian who seeks the power of the state to pass laws to punish people who don't live as they do?

What do you think of the position that "No philosophy offers such a promise"?

What do you think is better religion or philosophy?

What is religion? Dictionary definition:

• a set of beliefs concerning the cause, nature, and purpose of the universe, especially when considered as the creation of a superhuman agency or agencies, usually involving devotional and ritual observances, and often containing a moral code governing the conduct of human affairs.

What is philosophy? Dictionary definition:

- the rational investigation of the truths and principles of being, knowledge, or conduct.
- a system of principles for guidance in practical affairs.

What is the difference between religion and philosophy?

- Religion in addition to seeking to provide answers to the cause and nature of the universe includes rituals and rules for behavior
- Philosophy seeks to provide answers to the cause and nature of the universe, by identifying principles that guide choices, rather than rules and rituals

Hmmm...which do you think will lead us to God, a system of religious rituals and codified rules, or the investigation of truths and principles that life are built to operate upon that lead us to live in



harmony with God's design?

Here is an interesting quote from the book *Christian Education*:

The study of the Bible will give strength to the intellect. [Is the study of the Bible a religious or philosophical endeavor?] Says the psalmist, "The entrance of thy words giveth light; it giveth understanding unto the simple." [Psalm 119:130.] The question has often been asked me, "Should the Bible become the important book in our schools?" It is a precious book, a wonderful book. It is a treasury containing jewels of precious value. It is a history that opens to us the past centuries. Without the Bible we should have been left to conjectures and fables in regard to the occurrences of past ages. Of all the books that have flooded the world, be they ever so valuable, the Bible is the Book of books, and is most deserving of the closest study and attention. It gives not only the history of the creation of this world, but a description of the world to come. It contains instruction concerning the wonders of the universe, and it reveals to our understanding the Author of the heavens and the earth. It unfolds a simple and complete system of theology and philosophy. [Notice this author didn't say religion and philosophy, but theology which is the study and understanding of God, not a system of rules and rituals] Those who are close students of the word of God, and who obey its instructions, and love its plain truths, will improve in mind and manners. It is an endowment of God that should awaken in every heart the most sincere gratitude; for it is the revelation of God to man. {CE 105.2}

What did you hear described—a system of religious ritual and fundamental beliefs, or a philosophy of understanding and thinking which leads us back to God and living in harmony with Him and His designs?

So our *religion* must be one that includes a philosophy of truth, design law, freedom, openness, follow and apply truth—understanding the principles upon which God constructed life to operate and then seeking to share those truth with others for their healing and restoration.

The lesson talks about Job and in the third paragraph states, "His fear of God was manifested in an entire life of godliness, even amid horrific trials."

What do you think is meant by "His fear of God"?

Did Job simply bow his head and say, "God said it, I believe it, that's all there is to it?"

Did Job ask God many hard questions, even arguing with God?

Was Job afraid of God, or did Job have deep respect, admiration and love for God but was not terrified or afraid to question?



## **MONDAY**

Contentment—what is it and from where does it come?

Dictionary definition means a state of being satisfied.

What has undermined your contentment?

From John 21, Jesus has just asked Peter if he loves Him for the third time and Peter says you know all things. Now listen to the dialogue:

Jesus said, "Feed my sheep. <sup>18</sup> I tell you the truth, when you were younger you dressed yourself and went where you wanted; but when you are old you will stretch out your hands, and someone else will dress you and lead you where you do not want to go." <sup>19</sup> Jesus said this to indicate the kind of death by which Peter would glorify God. Then he said to him, "Follow me!"

<sup>20</sup> Peter turned and saw that the disciple whom Jesus loved was following them. (This was the one who had leaned back against Jesus at the supper and had said, "Lord, who is going to betray you?") <sup>21</sup> When Peter saw him, he asked, "Lord, what about him?" [Is Peter content? Is Peter being tempted to not be content? How did Jesus respond?]

<sup>22</sup> Jesus answered, "If I want him to remain alive until I return, what is that to you? You must follow me."

Do we ever lose contentment because we compare ourselves to others? Do we ever lose contentment because we lose focus on our responsibilities and what God has called us to do?

What other things can undermine our contentment?

- Loss of perspective
  - What do you think of this quote:
  - God never leads His children otherwise than they would choose to be led, if they could see the end from the beginning, and discern the glory of the purpose which they are fulfilling as co-workers with Him. {DA 224.5}
- Pain and suffering
- Not understanding what is happening

What helps you experience contentment?

- Understanding
- Change in perspective
- Focusing on one's own responsibilities

- Knowing God and trusting Him
- Knowing this life is transient
- Meditation, prayer, Bible study
- Others?

Is there a danger that contentment can cause complacency and undermine our effectiveness as agents of change?

What is the balance?

Contentment with self, peace with one's identity, position, calling, purpose, responsibilities—is different than contentment with pain, suffering, distress in our family and world.

Thus, we are to be content in our identity as children of God, in our purpose, position, calling, but not content with sinfulness in the world and be actively engaged in opposing it.

#### **TUESDAY**

Read Proverbs 3:5 "Trust in the Lord with all your heart and lean not on your own understanding;"

The lesson asks, "What crucial message is there for us, especially in the last part, about not 'leaning' on our own understanding?"

If we have surrendered to God, been reborn, had the law written on our hearts, been fully persuaded in our own mind, experience the mind of Christ, have our thoughts brought into captivity to Jesus—does there ever come a time when God's understanding of things *IS* our understanding also?

In other words, does Proverbs 3:5 mean we will always come to a different understanding from God, so that whatever we think we should do it must be wrong, or, could we actually be changed that our thoughts come into harmony with God so that we actually understand things the way He wants us to?

When a person chooses in any aspect of their life to do that which is in harmony with God and His kingdom whose understanding are they following?

Could a person follow God's understanding without themselves understanding it?

Could a person follow God's understanding because they have come to also understand it that way and agree?

Which do you think God prefers for each of us to achieve?

So, could this passage more accurately mean; Don't lean to your selfish, carnal understanding, but do



lean to your Christlike, godly understanding?

Here are some quotes I found recently from a Christian author, what do you think?

If we abide in Christ, if the love of God dwells in the heart, our feelings, our thoughts, our actions, will be in harmony with the will of God. The sanctified heart is in harmony with the precepts of God's law. {Acts of the Apostles 563.1}

The Lord wants us to come into harmony with Him. If we will do this, **His Spirit can rule our minds**. If we have a true understanding of what constitutes the essential education, and endeavor to teach its principles, Christ will help us. He promised His followers that when they should stand before councils and judges, they were to take no thought what they should speak. I will instruct you, He said. I will guide you. Knowing what it is to be taught of God, when words of heavenly wisdom are brought to our mind, we shall distinguish them from our own thoughts. We shall understand them as the words of God, and we shall see in the words of God wisdom and life and power. . . . {FE 538.1}

By His perfect obedience He has made it possible for every human being to obey God's commandments. When we submit ourselves to Christ, the heart is united with His heart, the will is merged in His will, the mind becomes one with His mind, the thoughts are brought into captivity to Him; we live His life. This is what it means to be clothed with the garment of His righteousness. Then as the Lord looks upon us He sees, not the fig-leaf garment, not the nakedness and deformity of sin, but His own robe of righteousness, which is perfect obedience to the law of Jehovah. {COL 311.4}

#### So what does all this mean?

- In our own strength—separated from God, without the help of Jesus or the Holy Spirit—can we have right thinking or trust our own understanding? No!
- When we surrender our hearts and minds to God, to be ruled by the Holy Spirit, do we become robots, computers, puppets, who no longer have thoughts and we only parrot what God tells us? No!
- When we surrender to God then the Spirit enters our minds/hearts and begins to transform by two powers
  - o the power of love and the power of truth.
  - These powers bring us new insights, understandings, ideas, upon which we choose to agree, accept, embrace, and apply thus our thoughts, and our minds, our characters are being transformed as we partake of the Word—truth.
  - The thoughts remain our thoughts, but now they are thoughts that have been renewed and cleansed by the Spirit of God. Our desires, attitudes, emotional reactions change.
    - Prejudices are replaced with compassion
    - Judgmentalism replaced with mercy
    - Harshness replaced with kindess



- Resentment replaced with forgiveness
- Dishonesty replaced with honesty
- Selfishness replaced with love
- All the goodness, all the rightness, all the truth, love, and holiness come from God not from us—but as we surrender, our understanding of reality changes and over time we experience the mind of Christ thus we live His life.

Read second paragraph, "Of course, that's often easier..." When is having anxiety or stressful emotions appropriate, and when does it become harmful?

When Jesus was in Gethsemane, and even a little prior, did He experience anxious or stressful emotions?

Why was Jesus experiencing those emotions? Because of real events from external influences that He was going through; was it wrong for Jesus to experience stressful emotions?

And how did Jesus cope with those emotions?

Did Jesus experience worry and stress about *Himself*? No! Jesus wasn't stressed with thoughts like, "Why is this happening to me? Did I do something I shouldn't have? Is God mad at me? Am I not good enough for people to love and trust?"

Jesus was at peace with Himself, but faced a situation that was objectively painful, stressful, difficult and His humanity felt those emotions, which tempted Him to choose to act to protect self, to avoid fulfilling His mission. Them emotions were not coming from a character defect in Jesus.

If you were getting a tooth drilled with no numbing medicine, would pain be normal or abnormal? Would your desire, your intense stressful emotional desire, to avoid the pain be normal or abnormal?

Is the desire to avoid the pain the same thing as worrying about whether the dentist will like you, or whether the person who sat in the chair before you had lice, or if the dentist sterilized their instruments before using them on you, or whether God will count it a sin if you think a curse word when you feel the pain?

What kinds of things to people worry about?

Most people in my practice worry about things that are not their responsibility, rarely do I have patients that are worrying about things that are their responsibility.

For instance people worry about:

- Will I get hired for that job? Is that their responsibility? What is their responsibility?
- Will that person like me?

- What will they think about me?
- Will they agree to the price I offer on the car or house?
- Will my airplane land safely?
- Will our school get enough students registered this year?
- Will my children be saved?

Are any of these worries under the control of the person worrying?

Why do people worry about such things?

Security, wanting to feel safe, fear of some loss or threat and thus trying to address possible outcomes that would be against their current idea of what is best for them.

What is the problem with this type of worry?

- Fails to be truthful about one's own responsibilities—being the healthiest person, who makes the healthiest decisions in governance of self—not in how things turn out
- Often fails to trust God
- Typically fails to allow for possibilities beyond the one desired, so narrow view

Read the next paragraph, "How, then, do we as stewards..." thoughts?

It asks, how do we trust God, and answers, "By stepping out in faith."

This is a nonsense answer because in the Bible the Greek word for *trust* is the same word translated *faith*. So in reality, the lesson is asking and then saying this: "How do we trust God? By trusting God."

Upon what is trust based? Trustworthiness of the one whom we place our trust and our ability to actually trust.

I remember a patient who told me all her friends kept telling her that her anxiety would get better if she just trusted Jesus. She said to me, "But Dr. Jennings I just cant do it."

I responded by saying, "Of course you CANT" which shocked her.

So, I asked her, "If a stranger came up to you in the mall and asked for the keys to your car and house and said, 'Its okay you can trust me.' Would you give them to him?"

She of course said, no way. And then I asked, "If you can't give the keys of your car and house to a stranger, how do you expect to give the keys of your life to a stranger?"

The Bible says life eternal is that we *know* God and Jesus Christ. When we know them then we will trust them because they are trustworthy, but this requires we know them for ourselves.



I propose there are four elements necessary for one to experience healthy trust or faith:

- 1. The other person genuinely loves you more than self, and would sacrifice self for you. Thus they will not betray you or turn on you or become your enemy. Does God meet this criteria? Yes! (How much trust in God is undermined because legal theologies put God in the role of the one from whom we must be protected?)
- 2. The other person has demonstrated mature self-governance, the ability to be reliable and consistent in carrying out what they have said they will do. Does God meet this criteria? Yes!
- 3. The other person possesses genuine wisdom or understanding of how reality actually works and operates in harmony with design law. Does God possess this criteria? Yes!

(First three together constitute someone who is genuinely trustworthy—so trustworthiness is the requirement)

4. You come to actually know that other person for yourself and thus experience 1,2 and 3 for yourself.

Read fifth paragraph, "It's easier to trust..." This was a difficult paragraph for me to understand what they were trying to say.

## For instance:

- Are we supposed to trust God with the things we can control, or are we supposed to actually do that which is on our control?
- Are we supposed to trust God to:
  - o Brush our teeth for us?
  - o Dress us?
  - o Choose to go to work on time?

It reminds me of the story of the hurricane warning:

- The governor ordered an evacuation, but the man said, "I trust in God He will take care of me."
- When the water was coming in his front door rescuers came by in a boat and told him to get in, but he said, "I trust in God He will protect me."
- When the water rose so high he had to get on his roof a helicopter came by and told him to get in, but he said, "I trust God, He will take care of me."
- Then he drowned—in heaven he questioned God, "God, I trusted you. Why didn't you save me?" God replied, "I sent you warnings, I sent a boat and a helicopter and you ignored them all"

Where is the line between trusting God being responsible to control that which is ours?

Most my patients worry about the things they cannot control, as we discussed above.

## WEDNESDAY

The lesson is about influence—what is the difference between influence and responsibility for the outcome of someone else's life?

Do we always know who we have influenced?

Do you remember the story of Hezekiah?

He was a good king who was told he would die, and he prayed and God healed him and gave him 15 more years of life. The sign that this would be true is the sundial turned back 10 degrees.

The wise men in Babylon watched the stars and saw the sundial turn back 10 degrees and when they heard this occurred in answer to Hezekiah's prayer a delegation went to Judah to hear from the king about the God who could do such a thing.

What did Hezekiah do?

Hezekiah, rather than extolling the beauty and power of God, showed off the wealth of Israel. This planted seeds that eventually resulted in the Babylonians coming back to take the wealth.

Did Hezekiah have influence on others?

In the book *Prophets and Kings* regarding this event I read:

The story of Hezekiah's failure to prove true to his trust at the time of the visit of the ambassadors is fraught with an important lesson for all. Far more than we do, we need to speak of the precious chapters in our experience, of the mercy and loving-kindness of God, of the matchless depths of the Saviour's love. When mind and heart are filled with the love of God, it will not be difficult to impart that which enters into the spiritual life. Great thoughts, noble aspirations, clear perceptions of truth, unselfish purposes, yearnings for piety and holiness, will find expression in words that reveal the character of the heart treasure. {PK 347.3}

**Those with whom we associate day by day need our help**, our guidance. They may be in such a condition of mind that a word spoken in season will be as a nail in a sure place. Tomorrow some of these souls may be where we can never reach them again. What is our influence over these fellow travelers? {PK 348.1}

Every day of life is freighted with responsibilities which we must bear. Every day, our words and acts are making impressions upon those with whom we associate. How great the need

that we set a watch upon our lips and guard carefully our steps! One reckless movement, one imprudent step, and the surging waves of some strong temptation may sweep a soul into the downward path. We cannot gather up the thoughts we have planted in human minds. If they have been evil, we may have set in motion a train of circumstances, a tide of evil, which we are powerless to stay. {PK 348.2}

On the other hand, if by our example we aid others in the development of good principles, we give them power to do good. In their turn they exert the same beneficial influence over others. Thus hundreds and thousands are helped by our unconscious influence. The true follower of Christ strengthens the good purposes of all with whom he comes in contact. Before an unbelieving, sin-loving world he reveals the power of God's grace and the perfection of His character. {PK 348.3}

Are we responsible then for the souls of others? No! We are responsible for our conduct, not for the souls of others. Was Jesus responsible for the loss of Judas?

## **THURSDAY**

Middle of the lesson reads, "At some point after Christ returns, those who claimed to follow Him will hear one of two phrases. What are those phrases, and what does each one mean?"

- 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!' MT 25:21
- Then I will tell them plainly, 'I never knew you. Away from me, you evildoers!' Mt 7:23

What determines which statement each person hears? Does God determine which statement is given, or is it the actual condition of each person that determines which is spoken to them?

Who determines the condition of each person?

So are these statements judicial pronouncement, or a diagnosis?

Second paragraph states, "our salvation is rooted, not in our works for Christ but in His works for us."

Does this mean we have no work in our salvation?

What does Paul mean in Philippians 2:12,13?

Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, <sup>13</sup> for it is God who works in you to will and to act according to his good purpose.

In the salvation process do we have no work to do? Are we just passive, its all up to God; He will save

some and others He won't? Our choices, efforts and works have no bearing on it?

This is the problem that arises when people hold to the false legal religion, the lie that God's law functions like human law, that it is a legal work.

Not so, Jesus as a human being, in His own person, saved the species from the sin condition curing the condition. Thus the species human was saved singly and alone by Jesus with no effort or work from any other human person. This not only saved the species but simultaneously procured a remedy for all who will partake.

Our individual salvation, however, is a joint effort between us and God. We must work and God works. Without our purposeful involvement to choose to spend time with God, trust God, to surrender to Him, to resist temptation, to access divine agencies, we cannot be saved.

A patient will be healed "saved" when they choose to take the remedy the doctor provides. The work of the patient is to partake, to follow the directions of the doctor. The patient does not create the remedy; the patient does not cure or save themselves, but the patient is not saved by the doctor or the doctor's remedy if the patient refuses to partake.

We cannot save ourselves without God and God cannot save a person without that person's cooperation.

Here are some interesting quotes:

- We are laborers together with God. This is the Lord's own wise arrangement. The cooperation of the human will and endeavor with divine energy is the link that binds men up with one another and with God. The apostle says, "We are laborers together with God: ye are God's husbandry, ye are God's building" (1 Corinthians 3:9). Man is to work with the facilities God has given him. "Work out your own salvation with fear and trembling," He says. "For it is God which worketh in you both to will and to do of His good pleasure" (Philippians 2:12, 13).--MS 113, 1898. {2MCP 694.3}
- There are two grand forces at work in the salvation of the human soul. It requires the cooperation of man with the divine agencies—divine influences, and a strong, living, working faith. It is in this way only that the human agent can become a laborer together with God. The Lord does not sanction in any one of us a blind, stupid credulity. He does not dishonor the human understanding, but, far from this, He calls for the human will to be brought into connection with the divine will. He calls for the ingenuity of the human mind, the tact, the skill, to be strenuously exercised in searching out the truth as it is in Jesus...

  Ye are labourers together with God. {OHC 310.5}
- And he who seeks to give light to others will himself be blessed. "There shall be showers of blessing." "He that watereth shall be watered also himself." Proverbs 11:25. **God could have**

reached His object in saving sinners without our aid; but in order for us to develop a character like Christ's, we must share in His work. In order to enter into His joy,--the joy of seeing souls redeemed by His sacrifice,--we must participate in His labors for their redemption. {DA 142.2}

## **FRIDAY**

Read second paragraph—law of love described

Read question 1 and discuss

#### **ANNOUNCEMENTS:**

NEW TV PROGRAM: Each Tuesday watch our new TV Program—The Dr. Tim Jennings Show on WBTN.TV Network. God to TimJenningsMD.com for more info.

**New Blogs**—If you don't follow us on Facebook, then be sure to visit our website we are posting new blogs again, the go up every Tuesday, recently we posted:

March 24, 2018: Dr. Jennings will be doing two presentations at the California Baptist University in San Bernardino CA, in conjunction with the AACC

April 6, 2018: Dr. Jennings will be speaking at PUC, Pacific Union College

April 6,7 2018: Dr. Jennings will be speaking at St. Helena SDA church

**April 12, 2018:** Dr. Jennings will be speaking at the Hixson United Methodist Church: **Addictions and the Adolescent Brain,** Adolescence is a time of marked vulnerability to addictions. Explore the brain's reward pathway, healthy activities which activate this pathway and how addictions hijack normal reward circuitry and damage the brain. Presenter: Dr. Tim Jennings

April 28, 2018: New Two Lecture Seminar: 3PM at Hamilton Community Church: Decoding the Secret Meaning of the OT Sanctuary, The Day of Atonement and the Feast Days

May 4-5, 2018: Dr. Jennings will be doing two presentations at Grace Fellowship, York PA, in conjunction with the AACC

May 25, 26, 2018: Dr. Jennings will be speaking in London England at the Stanborough Park SDA Church, 609 St Albans Road, Watford, WD25 9JL

**July 27-28, 2018:** Dr. Jennings will be doing two presentation at New Life Church, Colorado Springs CO, in conjunction with the AACC

September 27-29, 2018: Dr. Jennings will be speaking at the Mega National Conference of the American Association of Christian Counselors in Dallas, TX

#### **Mental Health Matters**

Community Gatherings for Help, Hope and Healing

## The Mind- God's Design & What Went Wrong Thursday, May 10, 2018

The human mind was designed with separate and distinct faculties to operate in a beautiful harmony. Something has damaged that balance and caused pain, suffering and illness. Discover God's design for the mind, what went wrong and how to restore balance to your mind.

## The Aging Brain Thursday, August 13, 2018

What happens to the brain as we age? This presentation will examine the evidence-based lifestyle and non-pharmacological interventions which will protect your brain and diminish your risk of dementia. Copies of Dr. Jennings brand new book, The Aging Brain, will be available.

## Fix for Failing Families Thursday, September 13, 2018

Families are under attack, more than 50% of marriages end in divorce, in the U.S. almost 900,000 children are victims of abuse each year, and 77% of childhood deaths are caused by one or both parents. Discover principles and practice to bring

healing to your family. Presenter: Dr. Tim Jennings
The Science of Belief Thursday, October 12, 2018

In this seminar we will examine the science of belief and demonstrate how modern quantum understanding provides a scientific basis for the impact belief, including prayer, has on our physical health and can even impact the physical world around us.

#### Guilt Resolution Thursday, November 8, 2018

Do you struggle with guilt? Discover the difference between legitimate and illegitimate guilt and how to resolve each and how to prevent people from manipulating you with guilt.

## The God-Shaped Brain Thursday, December 13, 2018

Our brains are in a constant state of flux. Moment by moment new connections are forming, idle tracks are being pruned back and brain circuits are changing. Discover how our beliefs change our brain wiring, our physical health, and even which genes are turned on or turned off. Do your beliefs matter – more than you ever knew!