

GERALDTON WOMEN'S CONFERENCE

Geraldton Women's Conference was the first of its kind for Wheelbarrow Ministries, was held at the Geraldton School Camp, Chapman Road, 16 – 18th August. Mrs Stephanie Truscott, visiting speaker from Perth's Aboriginal Church, MOSAIC, spoke with conviction, addressing worship to God in all ways, including the clothes we wear, the manner in which we speak, and how we treat each other. Stephanie, a black American singer and experienced speaker, led out in song, and played the keyboard as an accompaniment. The intertwining of ribbons to represent our relationship with the Godhead was a highlight of the Sabbath's programme.

Maureen Merritt, Wheelbarrow Ministries, led out in a Domestic Violence workshop which informed the ladies of what was classified as domestic violence, what women's rights are, and the structures already put in place to help those affected by it. Maureen led out in the morning worships, after which delicious

breakfasts were held in the School Camp's ample dining room. The School Camp is located on the beach front allowing for great walks during the day in the beautiful weather God gave for the weekend. Wheelbarrow Ministries is already planning for its second conference on 28 – 30th March, 2014 at the same location, and has invited N.N.S.W. Women's Ministries Director, Lynelda Tippo to speak.

-Raewyn Jones





BOOK REVIEW

Pr Terry Lambert ABC Manager

What we believe about God actually changes how our brain functions.

Brain research has discovered that our thoughts and beliefs have a huge affect on our physical, mental and spiritual health. Lies play a crucial role in underminina healthy relationships and destroy love and trust. When a lie is believed about God our brain becomes out of tune and we are more likely to experience a life of heartache. When we understand the truth about God as good and loving, we flourish.

In The God Shaped Brain, Adventist Psychiatrist Timothy Jennings shows how our brains and bodies thrive when we believe the truth about God. Sometimes we need to unlearn what we have been taught to discover the truth. The Bible teaches what we see (behold) will change us 2 Cor 3:18.

Believing a lie destroys relationships. In Jennings new book, *The God Shaped Brain*, he explains how believing a lie

negatively affects our brain function. Negative thoughts, depression, resentment, anger and violence result from believing and acting on a lie we believed to be true. Allowing lies to go unchecked slowly destroys healthy brain function and erodes our wellbeing and relationships.

Believing the truth actually releases healing in our brain that results in positive relationships..."and the truth will set you free" John 8:32.

Jennings offers the latest research to show how what we believe about God has a positive or negative affect on our brain's ability to operate including its capacity to heal and experience freedom from worry. Threading together many powerful true stories, anecdotes from his daily life, scripture and end of chapter reflections he offers many practical examples of how to experience a loving God and experience healing.

Jennings stresses the value of discovering the truth about God even if we have to unlearn what we have been taught. The benefits will make it much

THE

SHAPED

BRAIN

Timothy R. Jennings, M.D.

GOD -

easier to be a disciple and follower of Jesus and experience richer, healthier relationships.

Reading this book will be a difficult for those who struggle to honestly believe in a generous, non-angry God of love. That's why this new book is an important read!

If you are ready to take your relationship

with God to the next level, move closer to the source of all truth, want a more evidence-based approach to knowing God, this book is for you.

- Pr Terry Lambert Adventist Book Centre Manager



Google: THE GOD SHAPED BRAIN STUDY GUIDE "What makes this book truly remarkable is the artful way Dr. Jennings combines the latest understanding in brain physiology with practical and compelling real-life stories. Although this book is easy to understand for the layperson, the implications Dr. Jennings makes about the design of the human brain, how it can be damaged and how it can be healed are profound. I don't know of another book that so beautifully describes how our mind can be restored back to the way God originally designed it to be."

—Brad Cole, M.D., director of neuroscience education, Loma Linda University

School of Medicine